



PADDLER UPDATE

July 2023



Ready-to-Race Paddling Clinics & Bendigo Cup

Saturday-Sunday, 23-24 September 2023, Bendigo Canoe Club, Lake Weeroona



The Clinics (on the Saturday) are open to all ages. Singles or doubles. There is a limit of 50 paddlers, so register early (and before Friday 15 September). These clinics will be a combination of theory plus on-water practice.



Clinic Entry Fees: \$20 for PV members. \$40 for non-PV members.

Schedule: Clinic 1 - Wash Riding 10am-12pm. Clinic 2 - Portage 1:30-3:30pm

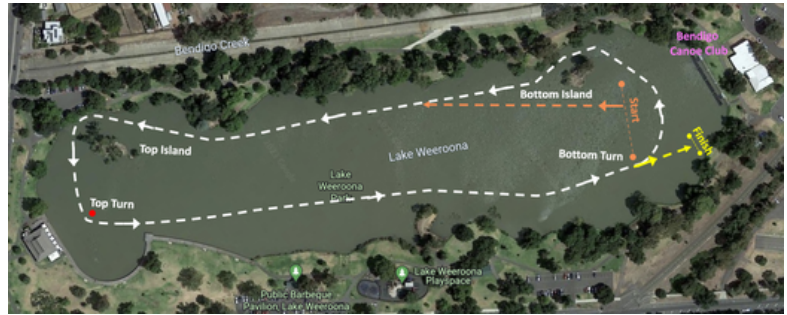
The Bendigo Cup (on the Sunday) is open to all ages & abilities. Kayaks, canoes, outriggers, sups, skis, sea kayaks, whitewater, touring & racing boats are most welcome. Singles or doubles. Early bird entries by 8pm on 15 September (-\$5). Standard entries by 8pm on 22 September. Late entries (+\$20) until 12noon on 23 September. NO entries on the day.

Race	Division	Distance	Laps
Bendigo Cup	Div 1-4	11.0 km	10 laps
Half Distance	Div 5-8	5.5 km	5 laps
Community FUN Paddle	Div 7b, 9-10	3.3 km	3 laps

Race Entry Fees (PV members): Junior/U23 \$25. Adult (24-64yo) \$35. Adult (65+) \$30. Extra \$20 for non-PV members.

Trophies:

- Bendigo Cup Handicap Event: for all ages/crafts over 10 laps.
- Rob Bearham Memorial Trophy: Fastest K1 over 10 laps.



Registration: <https://www.webscorer.com/register?raceid=317406>

Information flyer: https://vic.paddle.org.au/wp-content/uploads/sites/5/2023/07/PVM_2023_Race_Flyer_Bendigo_Cup.pdf

Echuca Mini

Saturday, 14 October 2023, Barmah to Moama

The Echuca Mini is a point-to-point race along the mighty Murray River from Barmah to Moama. There are 3 options available for paddlers: the 48km Barmah to Moama; or this same course but as a relay team; or a shorter 18km distance from Checkpoint C to Moama.

Race	Distance	Laps
Long Course	48 km	Barmah to Moama
Relay	48 km	Barmah to Checkpoint B (12km) Checkpoint B to Checkpoint C (18km) Checkpoint C to Moama (18km)
Short Course	18 km	Checkpoint C to Moama

Fun on the Yarra

It was a fun and action-packed day on Sunday the 16 July 2023 with the annual INCC Yarra Paddlers Team Pursuit followed by the Junior Paddlers Day.

The Team Pursuit was won by Team BACH (Div1&2 - 19km) in 1:25:43, Team M&Ms (Div3&4 - 19km) in 2:10:56, Team 3AM (Div5&6 - 14km) in 1:14:53, Team EMCC (Canoe/SUP - 14km) in 1:30:08, Team Trinity Year 12s (Div 8 - 9km) in 1:02:52, Team Beef Burgers (Div 9 - 9km) in 1:31:19 and Team Fairfield ET (Div 7b - 4km) in 29:00. The full results can be found at: <https://www.webscorer.com/race?raceid=321424>



World Championships

28 August - 3 September 2023, Vejen, Denmark

Our Australian junior, senior and masters team will also be heading over to the 2023 ICF Canoe Marathon World Championships in Vejen, Denmark from 28 August to 3 September. Follow all the action and results:

- Event Website: <https://www.canoemarathon.dk>
- Event Facebook: <https://www.facebook.com/ICFMarathon2023/>
- Planet Canoe YouTube: <https://www.youtube.com/channel/UCVagCjubko2x50KpYhnLsCQ>

Upcoming Races

Race Calendars, information flyers and registration links, are available on the PV Marathon website:

<https://vic.paddle.org.au/sample-page/competition/marathon/> then go to "Calendar & Race Registrations"

Race Results

On the Paddle VIC Marathon website at:

<https://vic.paddle.org.au/sample-page/competition/marathon/> then the "Results" tab; or on Webscorer at: <https://www.webscorer.com/CVMarathon>

DATE/S	EVENT / RACE
28 Aug - 3 Sep	Canoe Marathon World Championships, <i>Denmark</i>
23 Sep	Ready-to-Race Paddling Clinics, <i>Bendigo</i>
24 Sep	Bendigo Cup, <i>Bendigo</i>
14 Oct	Echuca Mini, <i>Barmah to Moama</i>
12 Nov	Salty TK and Rec Challenge, <i>Footscray</i>
9-10 Dec	Murray Triple Crown, <i>Murray River</i>
	• Ben Ward Memorial, <i>Yarrowonga to Cobram</i>
	• Thompsons Beach Circuit, <i>Cobram</i>
• Peaches & Cream, <i>Cobram to Tocumwal</i>	
9 Dec	Paddle VIC Marathon Awards Night, <i>Cobram</i>



<https://vic.paddle.org.au/> >Disciplines >Marathon

Paddle Victoria Marathon

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