



# PADDLER UPDATE

October 2023

**Paddle  
VIC**  
Marathon

## Ready-to-Race Clinics and Bendigo Cup - WRAP-UP

23-24 September 2023, Bendigo Canoe Club

The Saturday race clinics, covering portage and wash riding skills, were led by Hamish Young and Casey Haynes, both having represented Australia at multiple World Championships. They were supported by 9 coaches with attendance by 18 participants (4 adults and 14 juniors accompanied by their parents/guardians). The Mayor, Cr Andrea Metcalfe, opened the event, before meeting with Bendigo Canoe Club and Paddle Victoria Marathon representatives.

On yet another sunny day in Bendigo, a total of 79 paddlers participated in the Bendigo Cup and Community fun paddle on the Sunday, supported by approximately 50 family members, volunteers and officials. Race results are available at: <https://www.webscorer.com/race?raceid=329780>



*Photos courtesy of Cobram Barooga Canoe Club and Bendigo Canoe Club*

## Paddle VIC Awards

Congratulations to the winners of the Paddle Victoria 2023 Volunteer of the Year Awards.

**Club Volunteer of the Year Award:** Louise Greenwood - Cobram Barooga Canoe Club and the Sprint and Marathon Committees

**Club Coach of the Year:** Steve Vegh - Patterson Lakes Canoe Club



## Coaches

A Coaches Forum was held on 23 September, led by former Olympian and current Paddle Australia (PA) Para Pathways Coach, Anna Wood. The forum provided the coaches with information on the PA athlete pathways program, outlined the opportunities for support from regional and state academies of sports, and explained the upcoming Victorian flatwater coach development program. Participants also attended a specialist paddling technique session led by INCC Yarra Paddlers senior squad coach Tom Warne-Smith.

Coaches are reminded to ensure that they **re-register** as a coach with [Paddle Australia](https://paddle.org.au).

- **Working With Children Check**, with both PA and PV listed as your organisations.
- **Logbook** evidence of coaching sessions (PA has developed [Paddle Log](#) for this purpose).
- **First Aid and Resuscitation** (HLTAID011, HLTAID010, HLTAID009).
- **Registration Form:** <https://paddle.org.au/wp-content/uploads/2023/09/Current-Coaching-Renewal-Form.pdf>

A list of current PA coaches is available at: <https://education.paddle.org.au/find.php>



## Echuca Mini - **CANCELLED**

**Saturday, 14 October 2023, Barmah to Moama**

We regret to advise that the 2023 Echuca Mini has been cancelled. The river level has continued to rise above expected levels. Whilst access for land crews between the two checkpoints is possible via detour, the rising levels will compromise emergency access to the river, reducing rescue options if paddlers experience difficulty.



PV Marathon will provide full refund of registration fees as soon as possible. Thank you for your support of paddling and we are sorry that we are unable to run the event this year.

## Salty TK and Rec Challenge

**Sunday, 12 November 2023, Footscray Canoe Club, Footscray**

An event on the Maribyrnong River suitable for all abilities, and ideal for novices. There will be 3 races starts at 9:00am, 10:15am and 11:30am. All races are 6km. Singles and doubles events. Enter 1, 2 or 3 events.

**Registration:** <https://www.webscorer.com/register?raceid=325734>

**Information:** [Footscray Canoe Club Facebook](#)

Start	Time	Classes
Start 1	9:00 am	Male singles Female doubles
Start 2	10:15 am	Female singles Male doubles
Start 3	11:30 am	Mixed doubles

## Paddle VIC Marathon Awards Night

**Saturday, 9 December 2023, Koonoomoo Recreation Reserve**



Paddle Victoria Marathon invites you to join the 2023 Awards Night on Saturday 9 December which is being held on the same weekend at the **Murray Triple Crown**. The dinner will be held at the Koonoomoo Recreation Reserve - just 10min from Cobram. Richard Barnes will be our guest speaker for the evening. On 18 February 2023, Richard successfully completed a 67-day non-stop solo trip across the Tasman Sea in his custom-built kayak "Blue Moon" between Hobart, Australia to Riverton, New Zealand.

**Registration** (for Camping, Awards Dinner and Murray Triple Crown):

<https://www.webscorer.com/register?raceid=320806>

## Upcoming Races

Race Calendars, information flyers and registration links, are available on the PV Marathon website:

<https://vic.paddle.org.au/sample-page/competition/marathon/> then go to "Calendar & Race Registrations"

## Race Results

On the Paddle VIC Marathon website at:

<https://vic.paddle.org.au/sample-page/competition/marathon/> then the "Results" tab;

or on Webscorer at: <https://www.webscorer.com/CVMarathon>

DATE/S	EVENT / RACE
14 Oct	Echuca Mini, Barmah to Moama - <b>Cancelled</b>
12 Nov	Salty TK and Rec Challenge, Footscray
9-10 Dec	Murray Triple Crown, Murray River <ul style="list-style-type: none"> <li>Ben Ward Memorial, Yarrawonga to Cobram</li> <li>Thompsons Beach Circuit, Cobram</li> <li>Peaches &amp; Cream, Cobram to Tocumwal</li> </ul>
9 Dec	Paddle VIC Marathon Awards Night, Cobram



<https://vic.paddle.org.au/> >Disciplines >Marathon



Paddle Victoria Marathon



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