



FRANK HARRISON INTERSTATE MARATHON CUP

Location

Murray River, Albury NSW 2640

Date

Saturday-Sunday, 10-11 February 2024

Registration

Webscorer: <https://www.webscorer.com/register?raceid=334947>

Early bird entries (\$5 discount) by 8pm Wednesday 31 January 2024.

Standard entries by 8pm on Wednesday 7 February 2024.

Late entry (extra \$20) until noon on Friday 9 February 2024. NO entries on the day.

Fees

PA Members: Adults: \$35/1 day, \$60/2 days; Juniors \$25/1 day, \$40/2 days.

No-PA Members: Adults additional \$22 and juniors additional \$11.

Race Format

Point to point race. On-water start. NO portage.

Weir Wall (26km for Div 1-4) or Waterworks (16km for Div 5+) to Noreuil Park.

Singles on Saturday. Doubles on Sunday.

Race Division Speeds

- Div 1 (>12.5 km/hr)
- Div 2 (12.0-12.5 km/hr)
- Div 3 (11.5-12.0 km/hr)
- Div 4 (11.0-11.5 km/hr)
- Div 5 (10.0-11.0 km/hr)
- Div 6 (9.0-10.0 km/hr)
- Div 7-10 (no limit)

Paddlers should race in a division that matches their average speed over that distance. This is for the safety of the paddlers and to ensure that the events finish within a reasonable time and on schedule.

Canoes:

- TC (no limit)
- UC (includes C, US pro, OC, SUP)

Function

An outdoor pizza dinner will be held on Saturday night in the Noreuil Park BBQ Area. Dinner cost: \$20

Host

Mitta Mitta Canoe Club & PV Marathon

Safety

- First Aid provided on site. You may provide information that might assist medical personal in an emergency, which will be destroyed after the event.
- Approved PFD/lifejacket is mandatory.
- All boats must have fixed positive buoyancy and float level when full of water.
- Safety boats will be in operation.
- You must provide assistance to paddlers in distress.
- River traffic include occasional fishing tinnies and recreational canoes/kayaks.
- Beware of swimmers near the finish line.
- Dress for the conditions. Be sunsmart & bring additional warm & dry clothing. Stay hydrated.
- Event held under PV Marathon's Safety Risk Management Plan.

Food

Food, drinks and coffee available after the conclusion of each day's racing.

Facilities

Parking and toilets at all three locations. Change rooms & showers at Noreuil Park. To observe childsafe standards, competitors are requested to not change in the open.

Photography

Images taken may be used by PV and related parties in the promotion of the sport in accordance with [PA's photography policy](#).

Contact

Phil Steele: MMCC, 0417 684 255,
mittamittacanoecub@gmail.com



<https://vic.paddle.org.au/> >Disciplines >Marathon



Paddle Victoria Marathon



marathon@paddlevic.org.au



LOCATION & COURSE MAPS

Acknowledgements

We acknowledge the Traditional Custodians of the land on which we meet, and pay our respects to their Elders past and present. Thank-you to all of the race volunteers and officials.

Schedule (Saturday)

Check in: Weir Wall 1:30-2:30pm; Waterworks 3:00-3:30pm

Briefing: Weir Wall 2:30pm; Waterworks 3:30pm

Race start: Weir Wall 3:00pm; Waterworks 4:00pm

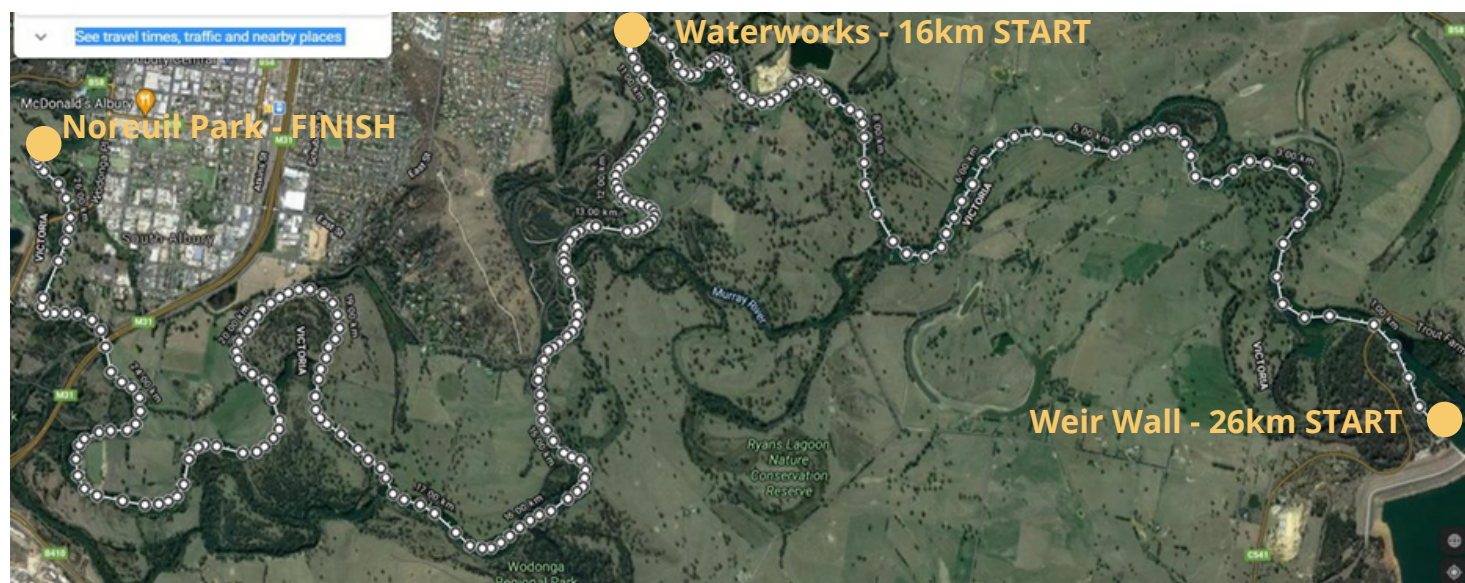
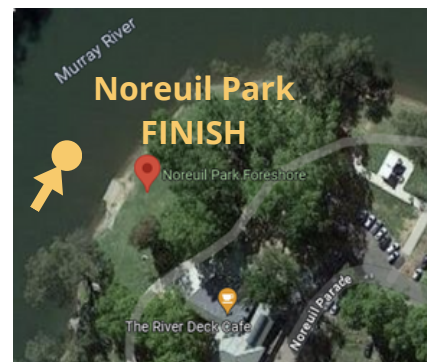
Schedule (Sunday)

Check in: Weir Wall 8:30-9:30am; Waterworks 10:00-10:30am

Briefing: Weir Wall 9:30am; Waterworks 10:30am

Race start: Weir Wall 10:00am; Waterworks 11:00am

Course Maps: Weir Wall to Waterworks to Noreuil Park



Race points

This is a "state of origin" event. Paddlers will earn race points for their state. Each race category each day will provide 100 points, with 50 points for first place, 30 points for second place, 20 points for third place and one point for every paddler, regardless of finishing position. The winning state will be the state with the most points over the two days.

History of the Frank Harrison Race

The original Albury race began in 1979 and was run from the Weir Wall to Albury in winter. These races were cancelled soon after because there is usually little water in the Murray during winter. The second version of the race was staged in 1985. It ran in summer and was a two day event, upstream and back from Noreuil Park, harder and longer than it is today. The format of the race was later changed to downstream from the Weir Wall to Noreuil to accommodate a wider range of paddlers and paddle craft. After Frank's death in 1990 the race was named the Frank Harrison memorial Race to honour the long association and contribution Frank and his wife Fran had with the Mitta Mitta Canoe Club. For more information see the MMCC website: <https://www.mittacanoe.com.au/frank-harrison/>

COVID-19

- Do not attend if you have symptoms, are unwell or have been instructed to isolate or quarantine.
- Maintain at least 1.5m physical distance between others at all times.
- Observe face covering, cough etiquette and personal hygiene.

Video Overview: <https://www.youtube.com/watch?v=SuDkXLNdGQ>

Updated: 23/12/2023