



VIC SCHOOLS CANOE CHAMPIONSHIPS MARATHON & SPRINT

Location

Nagambie Lakes Regatta Centre, Loddings Lane, Nagambie VIC 3608

Date

Sunday, 17 March, 2024

Registration & Fees

Register: <https://www.webscorer.com/register?raceid=334937> or via the school.
Early bird entries by 5pm, Fri 8 Mar 2024. Standard entries by 5pm, Wed 13 Mar 2024. Late entries by 5pm, Fri 15 Mar 2024. NO entries on the day.

Entry fees: \$45 for PA/PV members. Save \$5 for early-bird registration. Additional \$15 for late entries. Non PA/PV members an additional \$11.

Enter up to 4 events (marathon singles &/or doubles, sprint singles &/or doubles). Additionally, U18 and U16 crews can enter one or more K4 sprint (subject to boat availability) where crew members do not have to be from same school.

Schedule

Check in: 8:00 - 9:00am	Competitor briefing: 12:15pm (sprint)
Volunteer briefing: 9:00am	First start: 12:30pm (sprint)
Competitor briefing: 9:30am (marathon)	Trophy Presentations: 3:30pm
First start: 10:00am (marathon)	Race finish: 4:00pm

Age Categories

Age Categories: U10, U12, U14, U16, U18 based on the paddler's age on 1st January (i.e. to paddle U18 you must be 17 or under on 1st January; you can turn 18 during the year). Age category for crew boats (e.g. doubles) is set by the age of the oldest paddler for junior crews.

Boat Classes

- (1) ICF (K1, K2, C1, C2)
- (2) Touring double blade (TK1, TK2, sea kayaks, skis, slalom, sit-on-top, DRR, etc.)
- (3) Touring single blade (TC1, TC2, UC1, UC2, SUPs, outriggers, Va'a)
- (4) K4

Race Distances

Marathon: U18 ICF 3.3km. All other ages and craft types - 2.2km

Sprint: 200m (for all ages and craft type)

Portage (Marathon)

30 metre beach portage for U18 ICF boats (K1, K2, C1, C2) at the end of the 1st and 2nd laps.

Host

Paddle Victoria Marathon & Paddle Victoria Sprint

Safety

- First Aid provided on site.
- All schools must nominate a teacher/parent contact.
- Approved PFD/lifejacket is mandatory.
- All boats must have fixed positive buoyancy and float level when full of water.
- Safety boats will be in operation.
- You must provide assistance to paddlers in distress.
- Event held under PV Marathon's Safety Risk Management Plan.
- Be sunsmart & bring additional warm clothing.
- A hat/cap must be worn during races.

COVID-19

- Do not attend if you have symptoms, are unwell or have been instructed to isolate or quarantine.
- Maintain at least 1.5m physical distance between others at all times and observe face covering, cough etiquette and personal hygiene.

Food

Food and drinks, including coffee & fresh water available.

Facilities

Parking, change rooms & toilets available on site.

Trophies

- Doak Trophy
- Boys Team/School Trophy
- Girls Team/School Trophy
- Paddle VIC Trophy (smaller schools)
- Sprint School Championship Trophy
- Chenoweth Cup (K4 junior men)
- Flatwater Sprint Race (K4 junior women)

Contact

John Young, Chair PV Marathon:

marathon@paddlevic.org.au, 0417 444 350

Reka Abraham, Chair PV Sprint:

paddlevic.sprint@gmail.com, 0432 684 249



<https://vic.paddle.org.au/>



Paddle Victoria Marathon



marathon@paddlevic.org.au

>Disciplines >Marathon



LOCATION & COURSE MAPS

Acknowledgements

We acknowledge the Traditional Custodians of the land on which we meet, and pay our respects to their Elders, past & present. Thank you to all officials and volunteers for running the event.

Course Map & Race Format - Marathon

1. Races start in front of the regatta centre. 1.1 km laps.
2. U18 (ICF) = 3 laps, 2 portages, bank start. All other age groups and craft types = 2 laps, no portage, on-water start.
3. Marathon start command is "ready / go".
4. Paddle approximately 400m to the top turn, turn anti-clockwise around the three buoys and back towards the regatta centre.
5. Non-portaging classes will turn around the bottom buoys.
6. ICF portaging classes (U18 ICF boats: K1, K2, C1, C2) will portage at the beach area in front of the regatta centre on the first and second laps. There is no portage on the third (and final) lap. The portage is on sand and is ~50 m long. There are small stones in the sand so take care.

Use common sense as you paddle down the course to avoid cross-overs; if you aren't portaging paddle on the inside of the course, if you are portaging keep further to the right. Only go through the finishing buoys when you are finishing. Exit the lake at the pontoon, taking care to keep out of the way of other paddlers still racing.



Race Format - Sprint

1. Crews enter water from beach and assemble in the holding area to east of starting line, where they will line up behind the starting position.
2. Boats exit the water on beach to west of finish line.
3. The course will consist of eight lanes.
4. Races are 200 metre direct finals (i.e. no heats).
5. For classes with >8 boats, results are awarded based on race times.
6. Sprint start command is "ready / set / go".
7. Schools to seed paddlers according to speed before entry to assist in delivering competitive racing for all paddlers.



Source: Google Maps, accessed 24th October 2017



Volunteers Needed

Each school or junior squad is to provide at least one volunteer (teacher or parent) for the morning session and one for the afternoon session for every ten (or fewer) students participating from that school/squad, to assist with race organization (timekeeping, etc.). Please contact: Arabella Eyre, arabella.eyre@gmail.com

STRATHBOGIE SHIRE COUNCIL
recognise this event as



Paddle Victoria and the Strathbogie Shire Council are committed to sustainability. **No single use plastics** are allowed at this event. Please bring along your own water bottle.

Updated: 13/02/2024