

CANOE MARATHON DIARY



2017

canoeingvictoria 

Version 1.3

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Cover Photo:

Neil Tattersall and Annette Boath in the TC2 - Photo courtesy of: Dean Jones

Amendments in V1.3

- Winter Series race 3 – Updated race details and maps for INCC/FCC race 18th June. It is now a Doubles race Div 1-3 & remains a Team Pursuit for the other Divisions
- **You must enter Online for this race by Friday 16th June 5pm to earn team points.**

What is Marathon

Introduction to Marathon Paddling

Marathon canoe racing is all about tactics and endurance. Marathon races can be conducted over distances varying from a few kilometres through to many hundreds of kilometres. Canoe Victoria and its affiliated clubs conduct marathon races throughout the year and throughout the state. The lower age limit of the discipline is 10 years but there is no upper age limit and many paddlers who are 60+ still enjoy competing. While some races are organised such that every competitor races over the same distance, most races have a range of classes racing over a range of distances. Many races have a full distance of around 24 to 32km for open age-group competitors while juniors and veterans will race reduced distances depending on their age group. Other races are organised such that paddlers are grouped with those of similar ability and race over distances suitable for that level of ability.

In marathon races conducted as a point-to-point race over a long section of river, competitors sometimes have to carry, or portage, their canoe around an impassable obstacle such as a waterfall, lock or weir. At higher levels of the sport, portaging is often included as a feature, even though the race is likely to be conducted as a series of laps on a short section of river or lake. A 100 to 200m section of the shore adjacent to the course will be designated as a portage area and competitors will be required to come ashore and carry their canoe for the length of the portage course. Competitive portaging requires considerable skill and greatly enhances the excitement of the race.



2015 World Champs at Gyor – Men's Open K2

Photo Courtesy Sam Lovick

Wide ranges of craft are accepted at most marathon races. Paddlers at the top level of the sport race single and double kayaks and canoes similar to those used in flat-water sprint racing. Racing classes are usually also available for touring kayaks and touring canoes. Other races allow a very wide range of paddle craft such as sea kayaks, recreational canoes and kayaks, ocean skis, stand up paddleboards, surf skis and outrigger canoes.

Victorian Canoe Races

Races are held on sheltered waterways free of rapids or large waves. Rivers, lakes and coastal estuaries are typical locations. Races can be point-to-point downriver, or laps conducted on a section of river or lake. Venues can be as far west as Warrnambool, as far East as Bairnsdale and at a variety of locations along the Murray River. There is at least one marathon race held in every month of the year.

The Summer Series consists of 4 to 8 races over the months of October to March, leading to Victorian Marathon Team selection from the winners at the State Championship.

The selected team competes for Victoria at the Australian Championships. The winners of this event can then go on to represent Australia at the World Cup in August and World Championships in September.

The Winter Series consists of 6 races over the months of May to August. Paddlers may compete under a “**divisional**” system, in which paddler’s race against other paddlers of a similar ability, regardless of craft type, age or gender, or under a “**class**” system, racing against paddlers of similar age, gender or craft type. Races are designated as singles or doubles events (though either type of boat can be entered) and in the last two years a Team pursuit race, where either singles or doubles can comprise a team.

The Massive Murray Paddle held in November, an iconic 404 km five day paddling event starting at Yarrawonga, is considered the ultimate challenge for this discipline of the sport. Formerly run by Red Cross then YMCA, from 2016 it is being jointly managed by Mirage Sea Kayaks and Sydney Harbour Kayaks (SHK). In October and November, a number of races are run as lead-up events to the Massive Murray Paddle, with race distances of up to 70km. Paddlers concerned with the demands of a full distance entry in these ultra-marathon events can enter as part of a relay team.



Mens Open K2 Vic Champs March 2016 - Logan Dutton & Ed Lovick and Michael Leverett and David Ceddia Photo courtesy: Dean Jones

Canoe Victoria Marathon Technical Committee

Chairman	Joe Alia	aliatec@alphalink.com.au	0418 920 401
Vice Chairman	Graeme Bowes	graemebowes@bigpond.com	0427 193 720
Treasurer	John Young	jayoung1@bigpond.net.au	0417 444 350
Secretary	Alan Opie	alanopie5@bigpond.com	0409 021 852
Website/Facebook	Arabella Eyre	Arabella.eyre@gmail.com	0488 235 521

Find latest list at under <http://vic.canoe.org.au/paddlesports/marathon/> under Contact Us

Canoeing Victoria

The Victorian Canoe Association Inc., (Canoeing Victoria) formed in 1930 and was incorporated in 1984. It is the State body responsible for the management, co-ordination, development and promotion of canoeing in Victoria. It represents the interests of its members, the public and the national body (Australian Canoeing).

Canoeing Victoria is committed to the provision of the highest standard of competition, safety, coaching, instruction, education and the creation of opportunities for participation.

Canoeing Victoria consists of seven committees responsible for the disciplines of Marathon, Canoe Polo, Slalom, Wildwater, Sprint Racing, Touring and Education and will soon include the discipline of Ocean Racing.

Each committee is responsible for putting practical effect to its objective of optimising community participation in each aspect of the activity.

Canoeing Victoria Board of Directors

President, Chair: Paul Grant

Interested Directors: Joe Alia, Margaret Buck, Paul Loughran

Independent Directors: Daisy Brooke, Lawrie Chenoweth

Find latest list of directors here: <http://vic.canoe.org.au/about-us/board/>

Executive Officer

Mark Heggie

Find latest list of staff here: <http://vic.canoe.org.au/about-us/staff/>

Canoe Victoria Contact Details: Phone: 0430 312 252 Email: cvoffice@canoevic.org.au

Australian Canoeing

Australian Canoeing (AC) is the National Organisation responsible for the management, coordination, development and promotion of paddle sports in Australia.

Refer to www.canoe.org.au for information on Australian Canoeing.

CV Marathon Winter Series 2016 – Club & School Points

	WS1	WS2	WS3	WS4	WS5	WS6	Total	Rank
Club points (race points plus participation points)								
Ballarat	0	163	525	83	0	156	927	8
Barwon Heads	0	1	192	193	101	197	684	12
Bellarine	2	260	159	83	85	176	764	11
Bendigo	0	0	363	0	438	93	894	10
CBCC	0	0	0	0	0	0	0	16
Coaching Evolution	13	196	341	534	530	360	1,974	4
EMCC	6	137	244	444	155	280	1,265	6
Essendon	0	84	79	157	87	155	563	13
Fairfield	24	505	542	510	542	492	2,615	2
Footscray	12	340	126	219	235	318	1,250	7
Geelong	8	511	490	505	1	530	2,045	3
INCC	38	584	592	603	567	571	2,955	1
Mercantile	0	0	86	0	0	0	86	14
PLCC	18	140	247	481	397	520	1,802	5
Other	0	0	0	0	0	0	0	16
Other	0	0	0	0	0	0	0	16
No club	4	0	220	85	425	166	900	9
Unknown	0	0	81	0	0	0	81	15
Total	125	2,921	4,287	3,896	3,563	4,015	18,806	

	WS1	WS2	WS3	WS4	WS5	WS6	Total	Rank
School points (race points plus participation points)								
Albury schools	2	0	0	0	79	87	168	6
Balcombe	0	0	92	0	91	0	184	4
Bendigo schools	0	0	0	0	93	78	171	5
Camberwell	0	0	142	0	0	0	142	9
Camberwell High Sch	1	0	0	0	149	0	150	7
Geelong schools	2	0	0	0	94	0	96	10
Ivanhoe GS	2	1	0	0	0	87	90	11
Kilbreda College	2	0	0	0	75	65	142	8
MLC	30	280	558	0	532	515	1,914	1
Sophia Mundie	0	0	0	0	81	0	81	13
Strathcona	0	0	349	0	0	0	349	3
Trinity	16	0	504	0	458	449	1,427	2
Waarnambool school	0	86	0	0	0	0	86	12
Other	0	0	0	0	0	0	0	14
Other	0	0	0	0	0	0	0	14
Other	0	0	0	0	0	0	0	14
Other	0	0	0	0	0	0	0	14
Other	0	0	0	0	0	0	0	14
Total	55	367	1,645	0	1,652	1,281	5,000	

Notes:

- 1) Race points are based on the top 6 results in each race. Points are allocated on % of the winning time (fastest paddler = 100).
- 2) Participation points are allocated based on one point for each paddler for each race. A club with 20 paddlers will earn 20 points.
- 3) For more information see the 2016 Marathon Diary.
- 4) No race points allocated for WS1 due to race cancellation (due to high winds). Participation points allocated.

CV Marathon Winter Series 2016 – Paddler Points

Go to the Canoe Victoria Website and the Paddler Points results can be found on the Marathon>Competition page. <http://vic.canoe.org.au/paddlesports/marathon/>



Vic Champs 2016 - Alex Neilson & Andrew Holloway and John Young & Tom Keenan

Photo courtesy of: Dean Jones



Fun times in the WS3 Team Pursuit 2015 - Alex Boyd, Macgregor Doyle, Sean Jones and Callum Gosbell

Photo courtesy of: Dean Jones

CV Marathon Winter Series 2016 - Statistics

Statistics	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Total
Location 2016	Patt Lakes	Warrnamboo	Fairfield	Footscray	Nagambie	Geelong	
Designation	Doubles	Singles	Teams	Singles	Doubles	Singles	
Location 2015	Patt Lakes	Warrnamboo	Fairfield	Geelong	Nagambie	Footscray	
Number of paddlers	148	49	164	117	111	71	660
vs prior year	8	-11	-5	22	1	-6	9
Number of boats started	81	48	164	107	69	69	538
Number of boats finished	81	44	162	103	68	62	520
Proportion of boats finished (%)	100	92	99	96	99	90	97
Series break down by gender and age (for individual paddlers who competed during the season)							Number
Open M							43
Open F							15
U18 M							16
U18 F							11
U16 M							18
U16 F							18
U14 M							12
U14 F							19
U12 M							4
U12 F							1
Vet M							106
Vet F							34
Total							297

Paddler distribution by number of races

Number of Races	Number of Paddlers
1	145
2	65
3	34
4	26
5	16
6	11
7	0
8	0

How to receives news and updates on events and results

How to get updates on the Marathon events, links to registrations, news and results;

- **Website:**
 - Marathon page at Canoe Victoria <http://vic.canoe.org.au/paddlesports/marathon/>
- **Receive Newsletter by email:**
 - To be sent the Newsletter register your email address at <http://vic.canoe.org.au/news/newsletters/>
 - Under Newsletter Subscriptions select **Victorian Marathon News**
- **Receive News Posts by email:**
 - To subscribe to news posts and receive notifications of new posts by email register your address at <http://vic.canoe.org.au/news/newsletters/>
 - Scroll down and **Subscribe to New Posts**
- **Receive News & Updates by Facebook:**
 - To follows news, events, links and photos – Like the Facebook Page <https://www.facebook.com/CanoeVictoriaMarathon>
 - Also send in great photos to share.
 -

Also there will be updates to the calendar through the year and they will be reflected through updated versions to this document.



Yarra Team Pursuit – Winter Series 3
Jones

Photo courtesy of: Dean

Victorians selected for the 2016 Australian Marathon Team

The Australian Marathon Team was selected following the Australian Canoe Marathon Championships held over Easter in Coomera, Queensland. These athletes then represented Australia at the ICF Canoe Marathon World Championships held in Brandenburg, Germany on 16-18 September 2016.

Of the 17 team members, an impressive 13 paddlers were from Victoria. Congratulations to the following Victorians who raced well:

Mens Open K1: Michael Leverett

Womens Open K1: Kate Leverett

U23 Men: Logan Dutton, Casey Haynes

U23 Women: Penny Young

U 18 Men: David Inguanti

U 18 Women K1: Brianna Jones

Open Women K2: Reka Abraham/Penny Young

U18 Men K2: Matthew Graves/David Inguanti

U18 Women K2: Brianna Jones/Hannah Scott

Further, Julian Vince paddled as part of the Australian Masters Team that competed at the ICF Canoe Marathon Masters World Cup held 14-15 September 2016.

Congratulations again to all the athletes for their hard work and dedicated training in the lead up to the championships. The full team listing can be found on the [Australian Canoeing website](http://canoe.org.au/2016/04/01/2016-australian-canoe-marathon-team/) at <http://canoe.org.au/2016/04/01/2016-australian-canoe-marathon-team/>



Brianna Jones & Hannah Scott represented Australia in WU18 K2 at the Worlds in Brandenburg – seen here racing at the Nationals
Photo courtesy of: Alex Neilson

Canoe Marathon Race Calendar for 2017

Date	Event	Venue	Organizer	
22 Jan-17	Summer Race 6: Murray River Classic	Yarrawonga	YMACC	Summer Series
05 Feb-17	Summer Race 7: Saltwater Classic	Footscray	FACC	
11 Feb-17	Summer Race 8: Frank Harrison Memorial	Albury	MMCC	
12 Feb-17	Summer Race 9: Frank Harrison Memorial	Albury	MMCC	
25/26 Feb-17	Victorian Marathon Championships	Geelong	CV/Geelong	
11/12 Mar-17	National Canoe Marathon Championships	Penrith International Rowing Centre	AC	
19-Mar-17	Vic Schools Championships (Marathon & Sprint)	Lilydale Lake	CV/Mara & Sprint	
09 Apr-17	Footscray C4 and K4 Race – 10km	Footscray	FACC	
06 May-17	Marathon Winter Series Race 1 (Singels)	Warrnamb'l	CV/WKC	Winter Series
21 May-17	Marathon Winter Series Race 2 (Doubles)	Tay Creggan Hawthorn	CV/ FCC+INCC	
18 Jun-17	Marathon Winter Series Race 3 (Doubles Div 1-3 & Team rest of the divisions)	Fairfield	CV/FCC+INCC	
23 Jul-17	Marathon Winter Series Race 4 (Doubles)	Pattersons Lakes	CV/PLCC	
30 Jul-17	Footscray One Blade Challenge	Footscray	Footscray	
06 Aug-17	Marathon Winter Series Race 5 (Doubles)	Nagambie	CV/BCC	Winter Series
27 Aug-17	Marathon Winter Series Race 6 (Singles)	Geelong	CV/GCC	
10 Sep-17	5k & 10k Championships	tba	CV	
14 Oct-17	Echuca Mini	tba	CV	
21 Oct-17	Bendigo Cup – Marathon	Bendigo	BACC	
22 Oct-17	Bendigo Cup – Sprint			
11 Nov-17	Goulburn Classic	Trawool	12 Nov-17	
12 Nov-17	Murray Dress Rehearsal	Footscray	FACC	
20-24 Nov-17	Massive Murray Paddle	Yarrawonga	Mirage/SHK	
09/10 Dec-17	Ben Ward Memorial Race 40-Miler	Cobram	CBCC	

The Winter Race Series and the Victorian Championships are run by the Canoeing Victoria Marathon Technical Committee.

The Summer Race Series are generally run by the individual clubs and race formats and entry fees for club-run races are decided by the hosting club.

Other Marathon Races

Below are listed a selection of other canoe and kayak interstate and international marathon races, multisport, and ultra-marathon races that may be of interest to marathon paddlers from Victoria. *Please Note: These are not Canoe Victoria sanctioned races.*

Date	Event	Venue	Organizer
04 Mar-17	Cohuna BridgetoBridge (Multisport)	Cohuna	
02 Apr-17	E2A Classic River Race (Multisport)	Goulburn at Eildon	Canoeing Australia, WildWater
1-Apr-17	Lake Eildon Challenge (Multisport)	Lake Eildon	Vigor Health
30-Apr-17	Gregory River Race (Ultra Marathon)	Mt Isa, QLD	North West CC
06/07-May-17	Barron River Challenge (Ultra Marathon)	Tinaroo, QLD	Mareeba/Kuranda
10/11/12 Jun-17	Riverland Paddling Marathon	South Australia	Marathon Canoe Club of SA
05/06 Aug-17	Avon Descent	Western Australia	enquiries@avondescent.com.au
26/28 May-17	2017 Marathon World Cup	Hazewinkel, Belgium	ICF, https://www.canoemarathonbelgium.be/
05/06 Sept-17	2017 Masters Marathon World Cup	Pietermaritzburg, Sth Af.	ICF
08/09/10 Sept-17	2017 World Marathon Championships	Pietermaritzburg, Sth Af.	ICF
28 Oct-17	Hawkesbury Canoe Classic	NSW	Hawkesbury Canoe Classic http://www.canoeclassic.asn.au/
07 Oct-17	King Valley Challenge (Multisport)	Lake William Hovell	http://www.kingvalleychallenge.com/
TBA Oct-17	FCC - TJ Ohman Doubles Canoe Classic	Fairfield	FCC
22 Oct-17	Tumut River Race	Tumut	AC/Downriver/ White Water
05-Nov-17	Broken Creek Classic	Nathalia	Nathalia CC
04 Dec-17	Anglesea Adventure Race (Multisport)	Anglesea	AdventurthonAustralia



Adele Walker – Massive Murray Marathon breaking the VW60+ record time
Bond

Photo courtesy of Tony



Magic moments – Massive Murray Paddle

Photo courtesy of Tony Bond

Entry Fees for Winter Series 2017

Fees are unchanged from 2016 with the exception of setting the late fee at \$10 for all age groups.

Race entry fee	Race Fee CV/AC Members	Race Fee CV/AC Non-Members	Late Fee
Adults (Open/Vets)	\$25	\$35	\$10
U23/Student	\$18	\$23	\$10
Juniors (U14-U16-U18)	\$15	\$20	\$10
Sub Juniors (U12)	\$12	\$17	\$10

An Australian Canoeing event licence is required for paddlers who do not hold CV (or an equivalent state or national) competition membership. There is now no limit on the number of races non-members can participate in (previously a maximum of 3 races) providing an event licence is purchased for each race. The event licence fee is incorporated in the non-member fee above.



Penny Young & Reka Abrahams racing at the Nationals in Open WK2 and went on to represent Australia at Brandenburg Photo courtesy of: Alex Neilson

Summer Race 6 Yarrawonga



YMACC Murray River Classic

Sunday 22nd January 2017

Venue: Yarrawonga Mulwala Amateur Canoe Club @ Yarrawonga Caravan Par, Piper St, Yarrawonga

Distance:	Race	Distance	Start Time
	Kevin Phillips Canoe Classic	3 laps equals 15km	9.00am
	Elite Classic Race	5 laps equals 25km	9.00am
	Classic Challenge	4 laps equals 20km	9.00am
	Adventure Race	2 lap equals 10km	9.30am
	U14, Sub Junior, Novice	1 lap of 2 or 4km course	10.00am

Course: 5km Course Red Buoys

5km circuit on the Murray River from the Yarrawonga Caravan Park boat ramp downstream 2.5km to red turning buoy turning anticlockwise paddling close to the dead river entrance around another turning buoy then return upstream including a portage at the Green Patch boat ramp and turning anticlockwise just before the caravan park boat ramp to complete one lap. On the last lap the finish will be upstream level with the boat ramp.

4km circuit starts the same as the 5km circuit but turn at green buoy at the 2km mark then return upstream.

One mass start for the 20 and 25km races enabling people to enter either race at the start. Open to all boats including outriggers and SUP, age groups for each start and relay teams.



Race Fee: Seniors \$25, Students \$20, Juniors \$15, Sub Juniors/Novice \$5

Entries From: On the day from **8.00am** until Briefing

Briefing: Classic's at **8.45am** Adventure at **9.15am**

Conditions: Typical Murray River conditions with current and snags.

Services: The YMACC will have a full range of food and drinks from the club house for the duration of the race and a BBQ after the race.

Contact: Tim Roadley, email timroadley@gmail.com, Mobile 0417373376

Summer Race 7 Footscray



Saltwater Canoe Classic 2017

Sunday 5th February 2017

Selection Event for the Victorian Canoe Marathon Team

Venue:	Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray Melways map 42 D2		
Course:	One or more laps of the Maribyrnong River (TBD). (There may be a portage for racing boats.) Flatwater, no snags, no eddies. Cycle track follows entire course.		
Start/Finish:	Footscray Canoe Club		
Distance:	Open, Mens V35	24km	
	Womens V35, Mens V45, All U18	18km	
	Womens V45, Mens V55, All U16	12km	
	Womens V55, All U14	8km	
	Sub Juniors	3km	
Classes/Rules:	As per CV Marathon rules		
Entry Fee:	Seniors \$20 / Juniors \$15 (plus \$5 for entries on the day)		
	Non-AC member paddlers \$10 (Seniors) / \$5 (Juniors) extra		
Entries:	Online entries close Thu 2 Feb.		
	See www.footscray.canoe.org.au for details.		
Late Entries:	On the day: Open: 8:00 am; Close: 9:15 am; additional \$5 fee applies		
Briefing:	9:30 am		
Race Start:	10:00 am (Sub Juniors Start 9:30am)		
Canteen:	Hot food, drinks, coffee available for full duration of the race.		
Facilities:	Ample car parking. Hot showers, change room, toilets available.		
More info:	www.footscray.canoe.org.au		
Contact:	footscray@canoe.org.au		

Neil White 0400985121 (a/h) or Annette Scott 0414 406 213

Correct as of Sept 2016. Check for updates at www.footscray.canoe.org.au

Summer Race 8 & 9 Albury



Frank Harrison Memorial Race 2017

11 & 12th February 2017

COURSE: Murray River, good, open, fast flowing water, with some snags.
Starting at the Hume Weir Wall and finishing at Noreuil Park at the MMCC clubhouse.

**OPEN CLASSES AND VETERAN 35
26KM**

Start at the Hume Weir wall

**JUNIOR AND VETERAN 45
16KM**

Start at the Waterworks Bridge

SATURDAY AFTERNOON 11th February	SUNDAY MORNING 12th February
Senior Singles, Junior Doubles	Senior Doubles, Junior Singles
FROM HUME WEIR WALL 26 km Race start 4.00pm Briefing 3.30pm Entries from 2pm	FROM HUME WEIR WALL 26 km Race start 10.00am Briefing 9.30am Entries from 8am
FROM WATERWORKS 16km Race start 5.00pm Briefing 4.30pm Entries from 3pm	FROM WATERWORKS 16km Race start 11.00am Briefing 10.30am Entries from 9am

Matt Flower (0427 771590) and Dave Cromarty (0418 691160)

To find out more about the history behind the Frank Harrison Memorial Race go to
<http://www.mittacanoe.com.au/frank-harrison>



Victorian Canoe Marathon Championships 2017

Saturday 25th and Sunday 26th February

Venue: Geelong Canoe Club
Marnock Road
Newtown (Geelong). Opposite the Balyang Sanctuary.

Portages: Portage to be confirmed

Race start: 10:00 am on both Saturday and Sunday

Registration: Closes Thursday 23rd February 9:00pm

Events:

<u>Saturday</u>		<u>Sunday</u>	
Seniors & U18	Singles	Seniors & U18	Doubles
U16,U14 & Sub juniors	Doubles	U16,U14 & Sub juniors	Singles

How to Enter :

Online entries will be via Webscorer

You can register for either or both days, with a discount for entering both days.

Registration: **Closes** on Thursday, 23rd February at 9:00pm.

Course maps: Will be displayed on the day

PFDs : Wearing PFDs will be mandatory for this event

Race day contact: Joe Alia 0418 920 401 John Young 0417 444 350

Volunteers Needed: We ask all clubs to please help in providing volunteers to assist in the running of the event. Please contact **Joe Alia** (0418 920 401) if you or your friends, colleagues or parents are able to help.

Victorian Championships Class Distances

Race distances at Australian Canoe Marathon Championships reflect race distances at ICF World Marathon Championships. The broad philosophy behind the race distances is that the fastest competitors in each class should finish the race in about the same time taken to run a traditional marathon of 42.195 km, i.e. a little over 2 hours.

Victorian Championship race distances are set somewhat shorter than Australian and ICF championship distances for some veterans classes to encourage participation given limited paddler numbers. Race format and lap length will generally correspond to ICF championships but where this differs it is marked in *Crimson Italics* below.

Victorian Marathon Championship Proposed Class Distances							
Age Group Laps	4.3km 1	8.6km 2	12.9km 3	17.2km 4	21.5km 5	25.8km 6	30.1km 7
Juniors							
U12	M,W,C						
U14		M,W,C					
U16			M,W,C				
U18				W,C	M		
Seniors							
U23					W,C	M	
Open			SUP, Para		Other	W,C	M
V35				W,C	M		
V40				W,C	M		
V45				W,C	M		
V50				W,C	M		
V55			W,C	<i>M,W,C</i>			
V60			W,C	<i>M,W,C</i>			
V65		W,C	M	<i>M,W,C</i>			
V70		W,C	M	<i>M,W,C</i>			
V75		W,C	M	<i>M,W,C</i>			
V80+		M,W,C		<i>M,W,C</i>			
Notes							
1) <i>Crimson Italic Font</i> denotes where the ICF World Championship distances vary from Vic Championship distance							
2) M=Men, W=Women, C=canoe (men women or mixed)							
3) Same distances for doubles and singles							
4) Same distances for mixed and womens crews							
5) Same distance for "international racing" (i.e. K,C) and "touring" (TK, TC) classes other than for "Open" class as noted							
6) No portage for "touring" class							
7) No Portage for V70+ Men, V60+ Women, V60+ Mixed, U14 or U12							
8) SUP = Stand Up Paddleboard; Other= TK, Surf ski, Ocean ski, Outrigger, etc; Para= Para-canoe							

Other classes and distances will be determined on race day by the race committee

The **Victorian Team Selection Policy** is outlined in a later section of this diary and may also be accessed at <http://vic.canoe.org.au/paddlesports/marathon/> under Resources

National Canoe Marathon Championships

Friday 10th – Sunday 12th March 2017

Sydney International Regatta Centre, Penrith, New South Wales



For up to date information on the event go to www.canoe.org.au or join the event on  Facebook : National Canoe Marathon Championships

Hosts: Paddle NSW

Organiser: Australian Canoeing Marathon Racing Technical Committee

Location: Penrith, New South Wales

The 2017 Australian Marathon Championships will not be held on the Easter Long Weekend instead to be held on 10 to 12 March 2017. The event will be held in conjunction with the Sprint series with all Marathon events held following the conclusion of the Sprint events. The event will be held at the Sydney International Regatta Centre (SIRC). The Championships will be a selection event, the following teams will be selected:

- Junior Men and Women (Under 18);
- Under 23 Men and Women;
- Senior Men and Women; and
- Masters Athletes.

This year there will not be a Championships dinner held however possibly a social event will be organised and confirmed closer to the event.

Other information:

- Portage will be approximately 100m with pontoon exit and entry.

Entry Info: As with last year we will not be replicating detailed program information, classes, distances and so forth in the Victorian Marathon Diary. Instead please monitor the event website on Australian Canoeing to keep abreast of the most up to date information.

Below is only a summary of the key information.

Critical Dates & Times: Monitor Facebook page or Australian Canoeing Web site

- Early Bird entries close at 11:59pm (AEDST) Friday 11th March 2017 – TBA
- NO ENTRIES WILL BE ACCEPTED AFTER TUESDAY 8th March 2017
- Changes to entries after closing are to be done through the relevant Team Leader at the Team Leaders meeting at 10:00am on Friday 11th March 2017.
- A DRAFT Entry List posted at www.regattas.canoe.org.au soon after the close of early bird entries
- A PRELIMINARY Start List including amalgamations will be on regattas.canoe.org.au
- Ahead of the event. Any further changes to entries must go through the state Team Leaders. The Victorian Team Leader will be advised at the State Championships.



Yarra Team Pursuit – Winter Series 3
Jones

Photo courtesy of: Dean

Victorian Schools Championships

Marathon and Sprint, Sunday 19th March 2017



Taken at Ben Ward 2015

Venue: Lilydale Lake, Lilydale. Melways map 38 F6

Organisers: Canoeing Victoria –Marathon & Sprint

Entries:

- General [flyer available on www.canoevic.org.au](http://www.canoevic.org.au)
- Register on-line at www.webscorer.com/register?raceid=89401 or via email at marathon@canoevic.org.au
- Early bird entry \$25/paddler (\$20 for AC members). See www.vic.canoe.org.au for flyer
- Registration closes Thursday 16th March at 17:00pm
- We have a new format and new venue this year. Marathon races will be short course format in the morning, ranging from ~2-4 km depending upon age, with a Le Mans start on the beach for U16 and U18 paddlers and an on-water start for U12 and U14 paddlers.
- There will be a beach portage for U16 and U18 ICF boats (K1, K2, C1, C2).
- Sprint races will be run over 200 m in the afternoon.
- Paddlers may compete in up to four events (marathon singles & doubles, sprint singles & doubles).
- All craft welcome: kayaks, canoes, skis, SUPs

Morning Program - Marathon

- Registration 9.00am to 9.30 am
- Briefing 9:30 am
- Racing starts 10.00 am

Afternoon Program – Sprint

- Registration 12.00 to 12.15 pm
- Briefing 12.30 pm
- Racing starts 1.00 pm

PFDs : Wearing PFDs will be mandatory for this event

Please Note: The school nominated teacher or parent in charge must be present at the venue and available to the Chief Officer and First Aid personnel through the entire event.

Volunteers Needed:

The organiser will be looking for assistance from the parents each day to assist as officials at turning buoys, as scrutineers and on the finish line recording results.

C4 & K4 Dash Event 2017



Sunday 9th April 2017

- Venue:** Footscray Canoe Club, Farnsworth Ave (cnr. Maribyrnong Blvd) Footscray Melways map 42 D2.
- Course:** One lap of the Maribyrnong River (TBD). Flat-water, no snags, no eddies. Cycle track follows entire course.
- Start/Finish:** Footscray Canoe Club.
- Distance:**
- | | |
|-------------------|------|
| Vets/Mixed | 6km. |
| Open | 6km. |
| Junior (under 18) | 6km. |
| Novice | 6km. |
| Handicap | 6km. |
| C4 | 5km |
- Juniors are permitted to race in the Open class.
- Prize:** 1st Cash/Medal*, 2nd Medal, 3rd Medal.
- (each class):** Percentage of entry fee.
- Classes/Rules:** As per CV Marathon rules.
- Entry Fee:**
- Seniors: \$25 per person, per race.
- Non-AC member paddlers: \$25 per person, per race (plus, 1 off, \$8 (senior) and \$5 (junior) non-member fee).
- This fee applies to each class entered.**
- Entries:** Online entries close Thu 06 April.
See www.footscray.canoe.org.au for details.
- Late Entries:** On the day: Open: 07.30am; Close: 08.15am; additional \$5 fee applies.
- Briefing:** 08.30am.
- Race Start:** 09.00 am (Vets/Mixed), 10.15 am (Open), 11.00 am (Junior), 12.00 noon (Novice)
- Canteen:** Hot food, drinks, coffee available for full duration of the race.
- Facilities:** Ample car parking. Hot showers, change room, toilets available.
- More info:** www.footscray.canoe.org.au
- Contact:** footscray@canoe.org.au
Neil White 0400985121 (a/h) or Annette Scott 0414 406 213.
- *Cash is a percentage of the entry fee less operating costs.

Correct as of Sept. 2016. Check for updates at www.footscray.canoe.org.au

Winter Series Race 1- Warrnambool – Singles



Warrnambool Kayak Club

Warrnambool Hopkins River Saturday 6th May 2017

Followed by dinner and presentations Saturday night and a social paddle Sunday with breakfast supplied

Venue :	Change of Venue to <u>Hopkins River</u> (The Ski Club), Simpson St. Warrnambool,
Hosts:	Warrnambool Kayak Club
Entry Fees:	See the Payment Fee table in the Winter Series Entry Form
Online Entry:	Canoe Victoria Calendar>Paddlesports>Marathon until 5pm Friday 4 th May
Late Entry:	Entries will be accepted on the day from 12:00 pm. A late fee applies.
Entries Close:	12:30 pm sharp
Briefing:	1:00 pm
Start Time:	1:30 pm

Course Details:

- Singles race
- Race distances will conform as closely as possible to Winter Series standards
 - Division 1&2: 25km
 - Division 3&4: 20km
 - Division 5: 15km
 - Division 6: 10km
 - Division 7-9: 10km
 - Sub-Juniors: 2km
- No portage
- The course map will be available on the day

Race day contact: Ben Johnson email: ben@wboolpresychurch.org.au

Dinner Details: Macy's Hotel

Dinner bookings : Email Allan Papworth email: apapworth38@bigpond.com
(help Allan with booking the right number for dinner by letting him know by email)

Social Paddle: Venue is the Hopkins River in front of Proudfoots Boat house, Simpson St. Warrnambool.
Arrive 7.30am for paddle and then 9.00 am bacon & eggs breakfast.



Winter Series Race 2 – Tay Creggan Hawthorn - Doubles



SUNDAY, 21ST MAY 2017 2017 MARATHON WINTER SERIES 2

Tay Creggan, Hawthorn. Melway map 44 K11

We have a new course and venue this year. Starting at Strathcona's Tay Creggan campus paddlers will head towards the city, doing either a long course turning at Herring Island or a short course turning near the Capital City Trail, before heading upstream to Victoria Gardens and back to Tay Creggan. Div 1&2 – 2 long laps; Div 3& 4 – 1 long, 1 short; Div 5-6 – 1 long; Div 7,8 &9 – 1 short. This will be a designated doubles race.

Register on-line at <https://www.webscorer.com/register?raceid=90208> before Friday, 19th May. See www.vic.canoe.org.au for more information regarding parking and boat unloading. Catering will be available.

Check-in: 8:00/9:00 am; Briefing: 9:30 am
First start: 10:00 am; Presentations: 12:30 pm



For more information contact Joe Alia (CV Marathon, 0418 920 401), Rowan Doyle (Fairfield, 0418 397 033) or John Young (INCC, 0417 444 350). Thank you to Strathcona Baptist Girl's Grammar School for the use of their campus and to Fairfield Canoe Club and INCC for hosting the race.

**Marathon Winter
Series Race 2**

**City Loop doubles
race (singles
welcome)**

**Yarra River
Hawthorn**

**8, 13, 21 and 26
km**

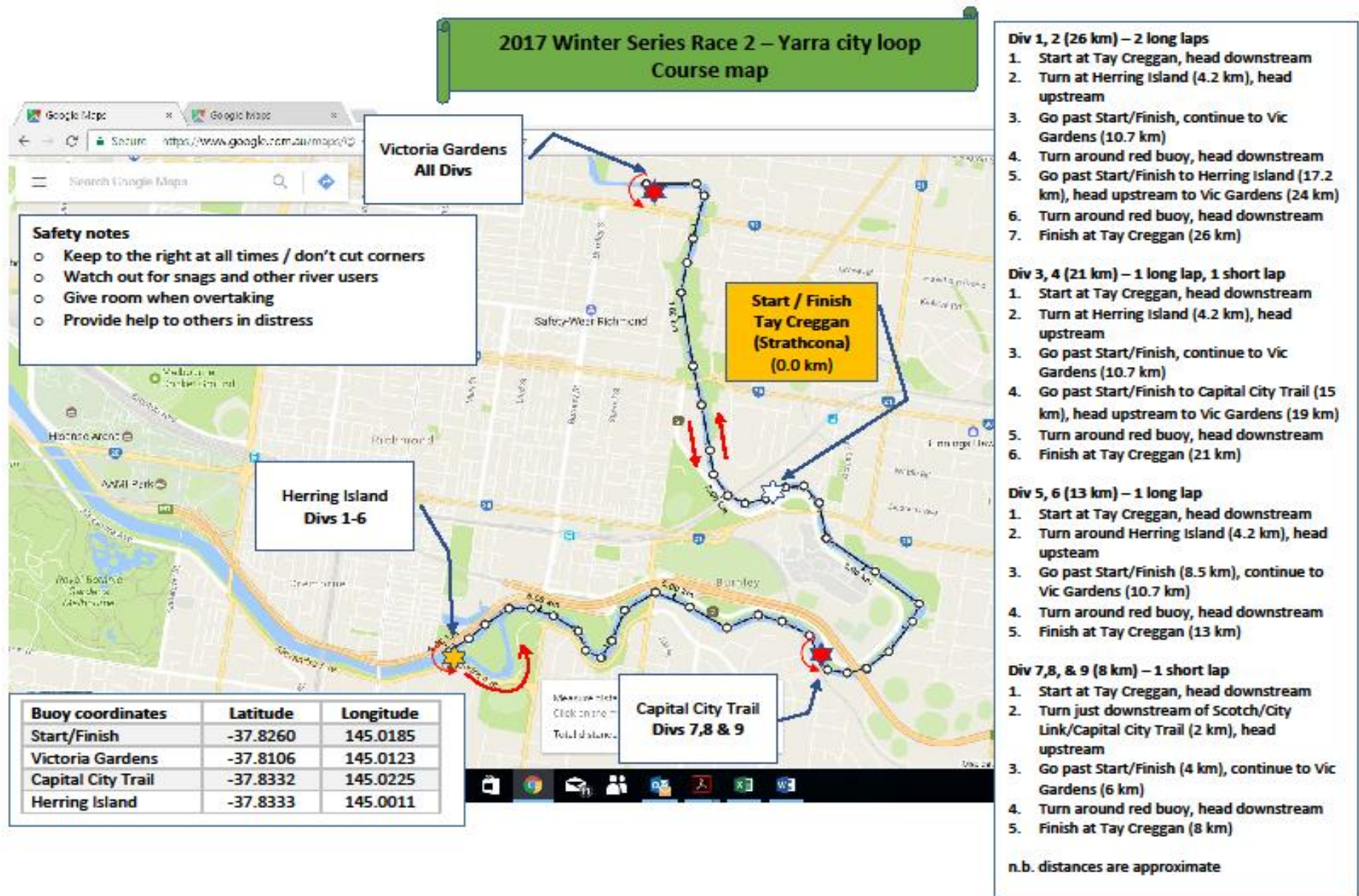
**Check-in before
9:00 am**

**Racing starts at
10:00 am**

**CANOEING VICTORIA
MARATHON**

www.vic.canoe.org.au
marathon@canoevic.org.au

Winter Series Race 2 Course Map



Winter Series Race 3 – Fairfield – Team Pursuit & Doubles for Div 1-3



Sunday 18th June 2017

Venue: Ivanhoe Northcote Canoe Club
Yarra River, Fairfield Park Boathouse, Fairfield
Melway Map 30, J12

Parking: Available at Fairfield Park and along the surrounding streets

Hosts: Fairfield Canoe Club / Ivanhoe Canoe Club

Entry Fees: See the Payment Fee table in the Winter Series Entry Form

Online Entry: Canoe Victoria Calendar>Paddlesports>Marathon

Because this is a Team's event (and therefore complicated entry and handicap management) you must enter online by Friday 16th June until 5pm to be part of the team points!

If you attempt to enter on the day you will not earn points for your team.

Check-in: 7.30 - 8:30 am sharp

Briefing: 9:15 am

First Start Time: 10:00 am

Course Details:

- The race format will be a 'Teams Race' for Long, Medium, Short and Sub-Junior distances but with the inclusion of a normal doubles race for the Div 1 to 3 paddlers. More detail is included on the next two pages (Note: instructions and course map have been updated) and the essentials are
- Teams race with 2 to 4 boats in each team and can comprise singles or doubles or a mix of both
- Timed race with staggered starts
- The objective is to work together to get your team over the line in the fastest time.
- Race distances:
 - Doubles Div 1-3 22 km
 - Long Course: 18 km
 - Medium Course: 11 km
 - Short Course: 9 km
 - Sub-Junior: 3 km
- No portage
- Full range of food and drinks available for the duration of the race

Race day contact: FCC Rowan Doyle 0418 397 033
INCC Sally Miller 0409 564 329

2017 Marathon Winter Series Race 3

YARRA TEAM PURSUIT

Race format information

Please note the changes from last year's format

- 1) **Format:** This year we are running a normal doubles race for Divisions 1 to 3 and a team-based race for all other paddlers. Teams are comprised of two to four boats (singles and/or doubles). The objective is to work together to get your team over the line in the fastest time. There are Sub-Jnr (3 km), Short (9 km), Medium (11 km) and Long (18 km) course options for the teams and 22 km for the Div1-3 doubles.
- 2) **Team composition:** Team members can be from any age group, gender, divisional ranking or club affiliation and can paddle any craft. All craft types are welcome.
- 3) **Course layout:** All courses start and finish at Fairfield Boathouse (n.b. not Fairfield Canoe Club); all courses share the same upstream turning buoy; the only difference is how far downstream you paddle before turning. The Div 1-3 course is two long laps, from Fairfield Boathouse downstream 4.5 km to Kane's Bridge, then heading upstream, past the start and turning ~350 metres upstream of Fairfield Canoe Club, then repeating this for a total of 22 km. The long teams course is two short laps, from Fairfield Boathouse downstream 3.5 km, then heading upstream as for the Div 1-3 course, for a total of 18 km. The medium course is one long lap (11 km). The short course is one short lap (9 km). The sub-junior course is from Fairfield Boathouse downstream for ~ 1 km, then upstream as for the other courses. All boats will assemble on the stretch of water between Fairfield Canoe Club and INCC prior to the first start.
- 4) **Start order:** Paddlers will be assigned a start number at check-in on race day. All members of a team will start together. Each start will comprise one to two teams, with starts at ~20 second intervals. Div 1-3 will start first, then the Long course teams, followed by Medium, Short and then Sub-Junior teams.
- 5) **Results:** For Div 1-3 it is a normal doubles race. For teams the objective is to work together to get your team over the line in the fastest time. The finishing time for each team will be the time of the last team boat across the line. At least two boats from each team need to finish for the team to get a result. There is a time penalty for the team of one minute for each boat in the team that doesn't finish (so if you start with four boats and only two finish, your team's time will be the time of the second boat across the line plus a 1+1=2 minute penalty; if you start with two boats and only one finishes your team won't get a result).
- 6) **Race points:** Points will be allocated using the CV Marathon handicapping system, which adjusts for age, gender, boat type and distance. Each team's handicap factor will be the average of the handicap factors of each of the members in the team that complete the race.

2017 MWS Race 3 Instructions v1
29-May-17

2017 Winter Series Race 3 - Yarra Team Pursuit Course map

Div 1,2 & 3 Doubles - Long course (2 long laps - 22 km)

1. Start at Fairfield Park Boathouse, head downstream
2. Turn at Kane's Bridge (4.5 km), head upstream
3. Go past Start/Finish, past Fairfield Canoe Club, turn around red buoy, head downstream.
4. Repeat
5. Finish at Fairfield Park Boathouse (22 km)

Teams race - Long course (2 short laps - 18 km)

1. Start at Fairfield Park Boathouse, head downstream
2. Turn at Yellow buoy (3.5 km), head upstream
3. Go past Start/Finish, past Fairfield Canoe Club, turn around red buoy, head downstream.
4. Repeat
5. Finish at Fairfield Park Boathouse (18 km)

Team race - Medium course (1 long lap - 11 km)

1. Start at Fairfield Park Boathouse, head downstream
2. Turn at Kane's Bridge (4.5 km), head upstream
3. Go past Start/Finish, past Fairfield Canoe Club, turn around red buoy, head downstream.
4. Finish at Fairfield Park Boathouse (11 km)

Teams race - Short course (1 short lap - 9 km)

6. Start at Fairfield Park Boathouse, head downstream
7. Turn at Yellow buoy (3.5 km), head upstream
8. Go past Start/Finish, past Fairfield Canoe Club, turn around red buoy, head downstream.
9. Finish at Fairfield Park Boathouse (9 km)

Teams race - Sub-junior course (3 km)

1. Start at Fairfield Park Boathouse, head downstream
2. Turn just after Freeway Bridge (0.7 km), head upstream
3. Go past Start/Finish, past Fairfield Canoe Club, turn around red buoy, head downstream.
4. Finish at Fairfield Park Boathouse (3 km)

n.b. distances shown are approximate

paddler extraction points at Kane's Bridge and Bellbird Park if required

Safety notes

- Keep to the right at all times / don't cut corners
- Watch out for snags and other river users
- Give room when overtaking
- Stick with your team
- Provide help to others in distress



Winter Series Race 4 – Patterson Lakes – Doubles



Patterson River & Canal System

Sunday 23rd July 2017

Venue: Patterson Lakes Canoe Club,
Launching Way,
Carrum (Melway Ref 97-D7)
Off McLeod Road
NOT THE NATIONAL WATER SPORT CENTRE

Hosts: Patterson Lakes Canoe Club

Entry Fees: See the Payment Fee table in the Winter Series Entry Form
Online Entry: Canoe Victoria Calendar>Paddlesports>Marathon until 5pm Friday 21st July
Late Entry: Entries will be accepted on the day from 8:30 am. A late entry fee will apply.
Entries Close: 9:00 am sharp
Briefing: 9:30 am
Start Time: 10:00 am

Course Details:

- Doubles race but singles are welcome to enter
- Race distances will conform as closely as possible to Winter Series standards
 - Division 1&2: 24km
 - Division 3&4: 20km
 - Division 5: 16km
 - Division 6: 12km
 - Division 7-9: 8km
 - Sub-Juniors: 2km
- A portage may be included depending on conditions and volunteer numbers
- The course map will be available on the day
- The Patterson River is subject to tidal flow but conditions are generally flat and calm.
- The 100 metre section between the flood gates and the McLeod Rd bridge can be subject to currents & turbulence.
- The 2.5 kilometre river section can be wind affected but calmer waters will be found in the canal system.
- Passage through flood gates and under bridges must be on the right hand side and is fairly restricted (three boats).
- There may be power boats to contend with throughout the course.

Race day contact: Neil Tattersall 0423 660 890, Email : enquiry@pattersonlakescanoeclub.org.au,
Web : www.pattersonlakescanoeclub.org.au

Catering: Catering and refreshments will be available on the day.

SALTY SINGLE BLADER



FOOTSCRAY
CANOE CLUB Inc

Sunday 30th July 2017

Venue:	Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray Melways map 42 D2		
Course:	One lap of the Maribyrnong River (TBD). Flatwater, no snags, no eddies. Cycle track follows entire course.		
Boat Classes	C1, TC1, C2, TC2, SUP.		
Start/Finish:	Footscray Canoe Club		
Distance:	Race 1: Mixed Double C2 and TC2, Men SUP, Women SUP.	6km	
	Race 2: Women C1, Men C2, Women TC1, Men TC2.	6km	
	Race 3: Men C1, Women C2, Men TC1, Women TC2	6km	
Classes/Rules:	As per CV Marathon rules		
Entry Fee:	\$20 for 1 race, \$30 for 2 or more races Non-AC member paddlers: \$10 extra.		
Entries:	Online entries close Thursday 27 July 2017. See www.footscray.canoe.org.au for details.		
Late Entries:	On the day: Open: 07:00am; Close: 08:00am; additional \$5 fee applies.		
Briefing:	08:30am.		
Race Start:	09:00am.		
Canteen:	Hot food, drinks, coffee available for full duration of the race.		
Facilities:	Ample car parking. Hot showers, change room, toilets available.		
More info:	www.footscray.canoe.org.au		
Contact:	footscray@canoe.org.au Neil White 0400985121 (a/h) or Annette Scott 0414 406 213		

Correct as of Sept 2016. Check for updates at www.footscray.canoe.org.au

Winter Series Race 5 - Nagambie – Doubles



Nagambie Lakes Regatta Centre

Sunday 6th August 2017

Venue: Nagambie Lakes Regatta Centre

69 Loddings Lane, Nagambie
(see map below)

Hosts: Bendigo Canoe Club

Entry Fees: See the Payment Fee table in the Winter Series Entry Form

Online Entry: Canoe Victoria Calendar>Paddlesports>Marathon until 5pm Friday 4th August

Late Entry: Entries will be accepted on the day from 8:30 am. An additional late entry fee will be charged.

Entries Close: 9:00 am sharp

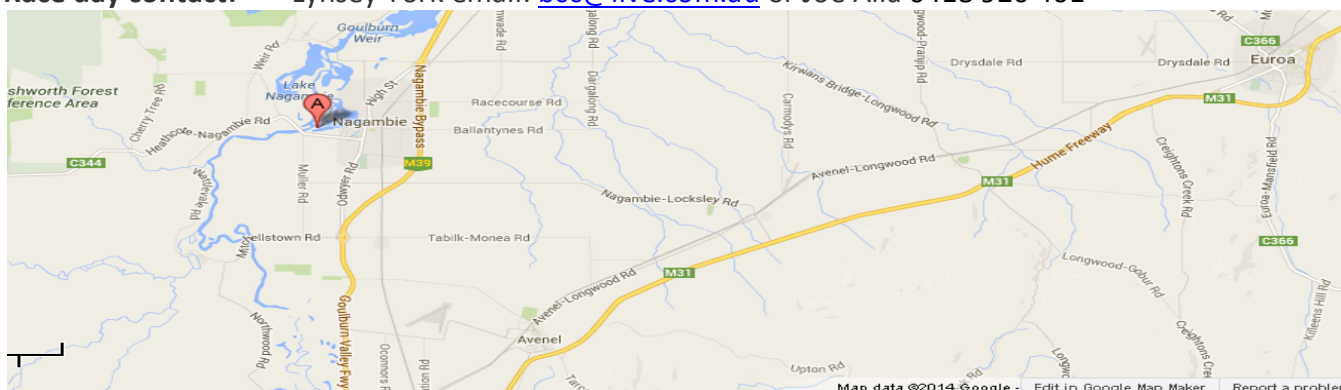
Briefing: 9:30 am

Start Time: 10:00 am

Course Details:

- Doubles race
- Race distances will conform as closely as possible to Winter Series standards
 - Division 1&2: 24km
 - Division 3&4: 20km
 - Division 5: 16km
 - Division 6: 12km
 - Division 7-9: 8km
 - Sub-Juniors: 2km
- A portage may be included depending on conditions and volunteer numbers
- The course map will be available on the day

Race day contact: Lynsey York email: bcc@live.com.au or Joe Alia 0418 920 401



Winter Series Race 6 – Geelong – Singles

Geelong



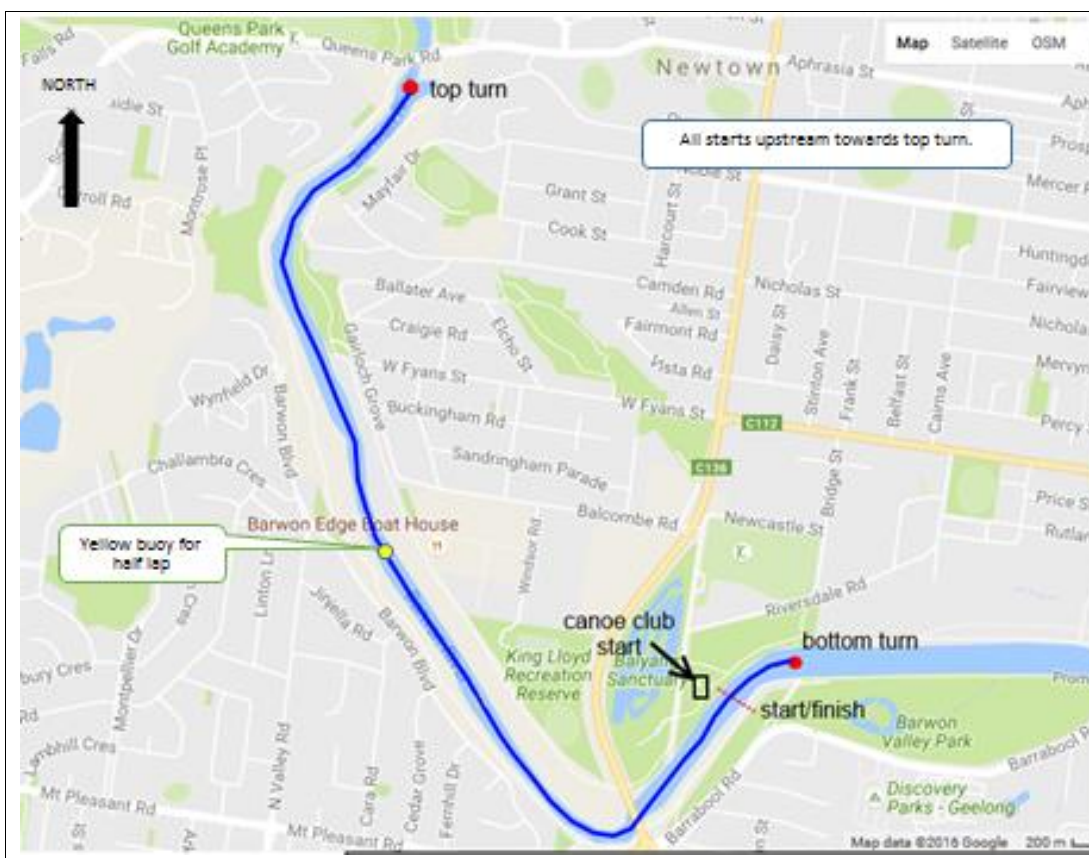
Sunday 27th August 2017

Host /Venue: Geelong Canoe Club /Marnock Road, Newtown opposite the Balyang Sanctuary.
Entry Fees: See the Payment Fee table in the Winter Series Entry Form
Online Entry: Canoe Victoria Calendar>Paddlesports>Marathon until 5pm Friday 25th August
Late Entry: Entries will be accepted on the day from 8:30 am. An additional late entry fee will be charged.
Entries Close: 9:00 am sharp, **Briefing:** 9:30 am, **Start Time:** 10:00 am

▪ **Course Details:**Laps;

- Full lap: Start, to red buoy at top turn, back to red buoy at bottom turn, back to start. - 6km
- Short lap: Start, to yellow buoy, back to bottom red buoy, back to start - 3km
- Portage will be used if conditions are deemed safe

- Division 1&2: 24 kms, 4 laps, 2 portages – after 2nd and after 3rd laps
- Division 3&4: 18 kms, 3 laps, 1 portage – after 2nd lap
- Division 5: 15 kms, 1 full lap & 1 half lap No portage
- Division 6: 12 kms, 2 laps. No portage
- Division 7,8 & 9: 9 kms, 1 full lap & 1 half lap. No portage
- Sub juniors: 2.2km. Start to Princes Bridge, to bottom turn red buoy, back to start (twice).



Paddlers must keep all coloured buoys to their left.

Paddlers must pass between the two white buoys when finishing only.

The finish line is an imaginary line between the orange post on the south bank and the pole in front of the finish tent.

Warm up area is to the left of landing towards the rowing strait.

- Full range of food and drinks from the club kitchen for the duration of the race
- Spectators can bring their bikes and follow the race from the cycle track.

Race day contact: Peter Currie curriepg@hotmail.com

5 & 10km Sprints



Sunday 10th September 2017

Host/venue: CV Marathon/tba

Registrations;

- Registration is via Webscorer;. <https://www.webscorer.com/registerseries?seriesid=77681>
- Entries close 9 pm, **Friday** 8th September. **No entries on the day.**
- Paddlers can enter one or both events for the same price
 - \$40 for adults
 - \$35 for juniors

BBQ Lunch included in entry price!

- Event entry includes a barbecue lunch.
- Non-paddlers can also participate in the barbecue lunch (\$15 cash on the day for non-paddlers).

Times;

- Arrive 8.30am
- 10 Km race starts at 10.00 am
- 5 Km race starts at Noon
- Lunch at 12:30
- Presentations at 1.00 pm

Race Classes & Categories;

- Race classes: Canoe1; K1/ski1; TK1; Canoe2; K2/ski2; TK2
- Categories: Junior (U18, U23/Open, Vet 35-54, Vet 55+)

Joe Alia 0418 920 401 or John Young 0417 444 350

Echuca Mini

Saturday 14th October 2017

This is a fantastic event in its own right and great preparation for all Massive Murray Paddlers.

The paddle is 50km from Barmah and finishing in Echuca covering part of the 3rd day's course of the Massive Murray Paddle.

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Hosts: CV Marathon

Venue: tba

Course: tba

Bendigo Cup – Marathon & Sprint

Saturday 21st & Sunday 22nd October 2017

Bendigo Canoe Club Inc



Saturday

Bendigo Cup Marathon

Venue: Bridgewater Follow the signs
Entries open: 9.00am
Entries close: 10.00am
Briefing: 10.30am
Start time: 11.00am

Distances: 4km Sub-junior
4km New paddler
10km
20km

Trophies:

Men, Women & Handicap
Robert Bearham Memorial Trophy
Handicap Trophy
Medals for all place getters in age groups
The CVGT Australia Dash for Cash will be held on
marathon day. Prize money will be available for a
junior and senior paddler.

Prize draw at the end of the day for entrants

Contact: Lynsey York
bcc@live.com.au
0439 853 073

Sunday

Bendigo Sprint Regatta

Venue: Bridgewater Follow the signs
Entries open: TBA
Entries close: TBA
Briefing: TBA
Start time: TBA

Distances: TBA

Trophies:

Ribbons will be presented to all place getters

- * Course map will be available each day
- * Toilets and showers available on site

Catering and other refreshments will be available
both days

Entry fees:

Saturday \$20 adults, \$15 junior, \$10 sub-junior
Sunday \$20 adults, \$15 junior
Both days \$35 adults, \$25 junior

Goulburn Classic – Trawool – 11th Nov

Saturday 11th November 2017

Come and paddle on one of Victoria's nicest rivers



The Goulburn Classic is Australia's oldest canoe race. It was originally 100 miles non-stop with heroic stories of paddlers negotiating the fast flowing river at night. In the 90s the race morphed into the Tour De bloody Goulburn, a tour that used staged sections to highlight the beauty of the Goulburn River. The event will have 3 Stages over one day with stage 1 and 2 being mass starts (in waves) with stage 3 being a unique time trial event. The yellow jersey will be awarded at the end of each stage. This event will cater for all classes however it is ideal for canoes, ocean skis and river kayaks.

You can paddle one, two or all 3 stages;

It's your choice \$15.00 per stage or \$40 for the day.

The river has a powerful and deceptive current, the water is cold, therefore PFDS, footwear's must be worn. Paddlers will need to be self reliant and competent in paddling in fast flowing water.

- 9.30 briefing at Trawool Bridge
- Stage 1 - 10km race Kerrisdale to Trawool Bridge
- Stage 2 - 17km Trawool Bridge to Seymour Caravan Park
- Stage 3 - 6km Time Trial from Caravan Park to Lions Park Seymour

Everybody will need to express their interest and enter in this exciting event ideally by Mid October.

Briefing notes and entry forms will be posted before the event.

For further information email Leigh Murphy leighmurphy@y7mail.com 0404032889



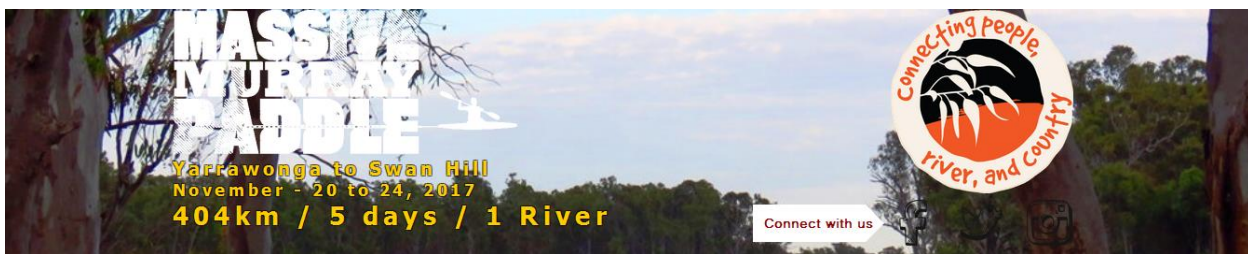
Murray Marathon Dress Rehearsal

Sunday 13th November 2017

This event simulates the Murray Marathon, with full distance and relay categories. Transport is required for relay teams.

- Venue:** Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray Melways map 42 D2
- Course:** Start and finish at Footscray Canoe Club, with one checkpoint (change over) at Canning Street Reserve. Flatwater, no snags, no eddies. Cycle track follows entire course.
- Start/Finish:** Footscray Canoe Club
- Distance:**
- | | |
|--|------|
| Open, Mens/Mixed V40 and all Relay Teams | 28km |
| Womens V40, Mens/Mixed V50, and all U18 | 22km |
| Womens V50, Mens/Mixed V60, and all U16 | 17km |
| Womens V60, all U14 | 10km |
| Sub Juniors (U12) | 3km |
- Classes:** All canoes/kayaks catered for.
- Checkpoints:** There is a check point at the top turn and at the start/finish line.
- Relay Teams:** Relay teams must consist of at least 2 crews. Relay teams must change at each checkpoint, within 150m of the checkpoint. No crew can paddle consecutive legs. Relay teams are responsible for their own transport to/from the top turn checkpoint. All team paddlers are to pay the full entry fee.
- Entry Fee:** Seniors \$25-30 / Juniors \$20-25 (TBC)
Non-AC member paddlers \$10/\$5 extra
- Entries:** Enter online for discount. Online entries close Thu 10th November. See www.footscray.canoe.org.au for details. School teams must be entered through their school coordinator.
- Late Entries:** On the day: **Open: 8.00 am; Close: 9.00 am**; additional late entry fee may apply
- Briefing:** 9.30 am
- Race Start:** **10.00 am (Sub Juniors Start 9:30 am)**
- Canteen:** Hot food, drinks, coffee available for full duration of the race.
- Facilities:** Ample car parking. Hot showers, change room, toilets available.
- More info:** www.footscray.canoe.org.au
- Contact:** footscray@canoe.org.au
Neil White 0400 985 121 (a/h) or Uby Woods 0419 166 664

Massive Murray Paddle 20th – 24th Nov 2017



The Marathon is one of the world's longest canoe races covering a distance of 404km over its five day duration. The event originated in 1969, when ten friends decided to paddle the Murray River to raise \$250 for charity. The Marathon attracts many paddlers and support crews.

The event starts in Yarrawonga and finishes in Swan Hill, passing through Tocumwal, Picnic Point, Echuca, Torrumbarry, Cohuna and Murrabit on the way

Get your friends and family together, have some fun, and join the adventure.

Note: Whilst the paddling commences 20th Nov, registration and briefing is on the day before, **19th November.**

- Full distance
- Part distance
- Individual or Team Relay
- 5 day, 3 day and 1 day challenges

All the details you need to know about the race, how to enter, course maps and support information can be found at

<http://www.massivemurraypaddle.org.au/>



Source: 2016 Massive Murray Paddle

Ben Ward Memorial 40 Miler



**9th & 10th
DECEMBER**

Ben Ward Memorial 40 Miler

**Cobram Barooga
Canoe Club**

Both days:

- Entries from 7.30am to 8.00am.
- Briefing at 8.30am with Race Start 9.00am
- Course Maps provided with entries

Saturday 10th

- Start at Yarrawonga Caravan Park, finish at Thompsons Beach Cobram

Sunday 11th

- Start and finish Thomson's Beach Cobram (Saturday finish point)
- Circuit race of three approx 7.5km laps.

Website: <http://cbcc.elementfx.com/index2.htm>

Facebook: Ben Ward 40 Miler Canoe Race

Club Contact: Damien Guthrie 0457 221 012

2 DAYS OF RACING

**SATURDAY TRADITIONAL
40 MILER – YARRAWONGA
TO COBRAM**

**SUNDAY CIRCUIT RACE
BASED AT THOMPSONS
BEACH COBRAM**

**3 CHECKPOINTS / LAPS
BOTH DAYS**

**FULL DISTANCE & RELAYS
BOTH DAYS**

Other Marathon Races

2017 ICF Canoe Marathon World Cup Haazewinkel, Belgium 26-28 May

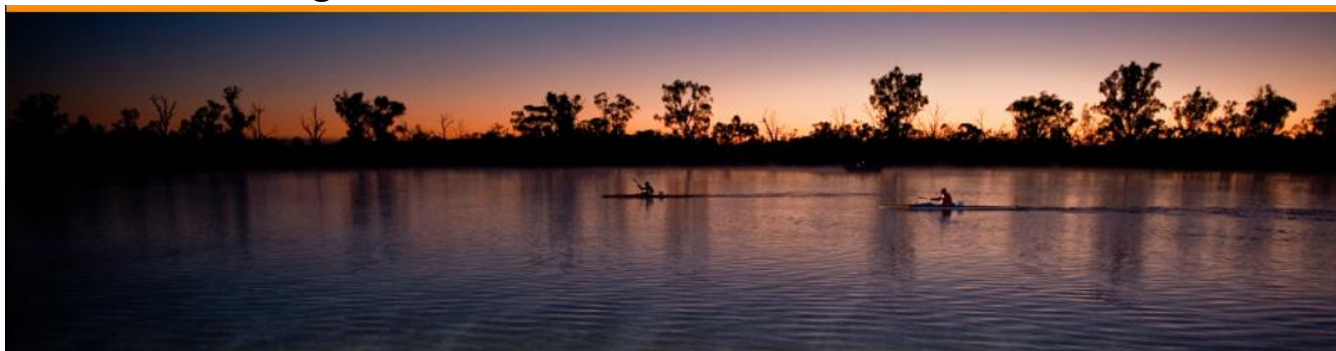


ICF Canoe Marathon World Cup

Hazewinkel, Belgium 26-28 May, 2017

<https://www.canoemarathonbelgium.be/>

Riverland Paddling Marathon 10th – 12th June South Australia



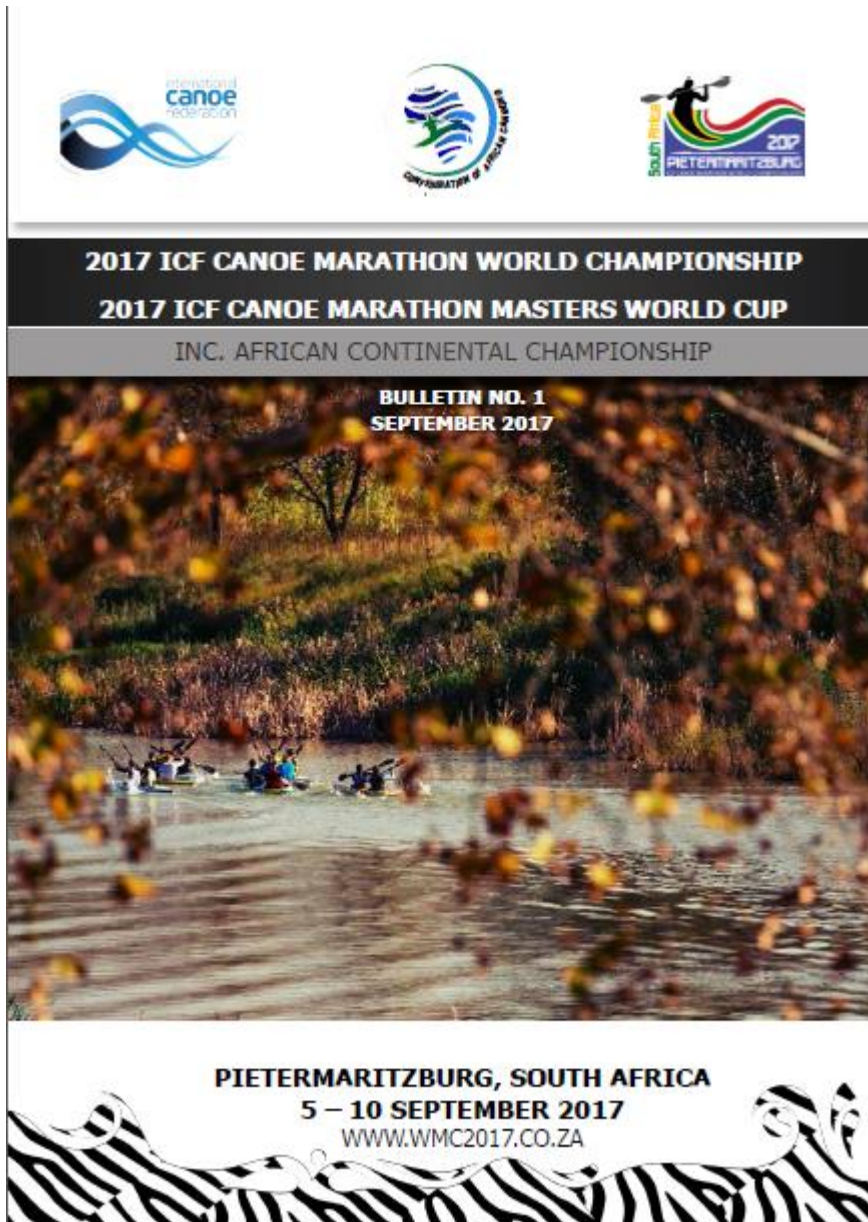
<http://www.riverlandpaddlingmarathon.com>

Avon Descent 5 – 6th August Western Australia



<http://www.avondescent.com.au>

**2017 ICF Canoe Marathon Masters World Cup Pietermaritzburg, South Africa
5th – 6th September
and
2017 ICF Canoe Marathon World Championship Brandenburg / 8th – 10th
September**



Hawkesbury Canoe Classic – 28th October



<http://www.canoeclassic.asn.au>

Paddle NSW 2017 Marathon event schedule

Saturday, February 4, 2017	PNSW 2017 Marathon - Race 1 - Wagga (Wagga Bidgee Canoe Club)
Saturday, February 25, 2017	PNSW 2017 Marathon State Championships (Burley Griffin Canoe Club)
Sunday, March 26, 2017	PNSW 2017 Marathon - Race 2 - Woronora (Sutherland Shire Canoe Club)
Sunday, April 9, 2017	PNSW 2017 Marathon - Race 3 - Wyong (Central Coast Canoe Club)
Sunday, April 30, 2017	PNSW 2017 Marathon - Race 4 - Lane Cove (Lane Cove River Kayakers)
Saturday, May 20, 2017	PNSW 2017 Marathon - Race 5 - Windsor (Windsor Canoe Club)
Saturday, June 3, 2017	PNSW 2017 Marathon - Race 6 - Coffs Harbour (Pacifica)
Saturday, June 24, 2017	PNSW 2017 Marathon - Race 7 - Davistown (BWP)
Sunday, July 23, 2017	PNSW 2017 Marathon - Race 8 - Narrabeen (MWKC)
Saturday, August 5, 2017	PNSW 2017 Marathon - Race 9 - Teralba (HVPC)
Saturday, August 26, 2017	PNSW 2017 Marathon - Race 10 - Grays Point (CSKC)
Saturday, October 14, 2017	PNSW 2017 Marathon - Race 11 - Burrill Lake (Makai)

<http://www.paddlensw.org.au/events>

Canoe SA 2017 Marathon event schedule

Refer to the Canoe SA website (link below).

<http://sa.canoe.org.au/2016/05/10/csa-16-ld-calendar/>

Canoe Tasmania 2017 Marathon event schedule

Refer to the Canoe Tasmania website (link below). The 2017 schedule for Tamar CC is now listed but unsure if other clubs still to load up their schedule.

<http://tas.canoe.org.au/calendar/>

Canoe Victoria 2017 Downriver and Wild Water Series

<http://vic.canoe.org.au/paddlesports/downriver/>

Links to Winter Series Race Forms

Marathon Winter Series – Where to find Online Entry link on WebScorer

Online Registration/Entry is strongly encouraged. If entering and paying on the day of the race a Late Fee will be added to the entry fee. Avoid paying the Late Fee by entering online before 5.00pm on the Friday before the race.

The links to enter online are found by going to <http://vic.canoe.org.au/paddlesports/marathon/> and a link to the WebScorer Online Entry system will be posted when entries open.

Medical / Emergency Information Form

Submission of a medical / emergency information form is *optional*. Due to privacy reasons this information is not retained and hence a new form is required to be submitted prior to each race. The form is made available to first aid personal and race officials on a need to know basis only.

Link to medical / emergency information form:

<http://vic.canoe.org.au/paddlesports/marathon/> select Competition and under Race Forms look for [Participant Medical Form](#)

Event Entry for Non-Members

Each Non Member Participant who does not enrol on-line must complete this form for each race.

<http://vic.canoe.org.au/paddlesports/marathon/> select Competition and under Race Forms look for [Participant Entry Application and Declaration](#)

Canoeing Victoria Marathon Points System

The purpose of the points system is to provide an equitable basis for comparing paddlers. We compare performance based on the handicap adjusted result for each paddler in each race. The handicap is based on each paddler's age, gender, craft type and distance paddled. This means that if you are a capable paddler in a range of craft (such as TKs or TCs or Ks, etc.) you should receive the same race points regardless of which type of craft or distance you paddle.

The handicap factors reflect the relative performance that can be achieved by paddlers, based on their age and gender, in a given craft and for the distance paddled.

- Age and gender factors are based on data from ICF Marathon World Championships and World Cup events. From 2016 onwards we have augmented this with information derived from official USA distance running factors for those groups where there is limited paddling data.
- Craft factors are based on Marathon World Championship, Hawkesbury Canoe Classic and Murray Marathon data. Distance factors are based on kayaking world record data for various race distances.
- Para factors are based on 2015 Canoe Sprint and Canoe Marathon World Championship data and 2015 Para-Championships data and relate the para categories (KL1, KL2, KL3, VL1, VL2 and VL3) to the standard K1 category.

The Webscorer system is used for race registration, race timing and series results tracking. This means we changed how the handicap results are presented. Rather than reporting handicap speed, we report a handicap time to complete a set distance. Hence your results show two times: the actual time it takes you to complete the class/division you enter (on which placing's for that class/division are awarded) and a handicap time, which compares the relative performance of all paddlers who participate in that race and on which points are awarded. The handicap time represents the time it would take you if you were an Open male paddler in a K1 to complete 5 km. We have chosen 5 km for comparison with international records.

The points for every paddler are tracked for the series. Paddlers will earn individual points for each race, regardless of "singles" or "doubles" race designation. The paddler's score for the series will be based on his or her best four races out of the six race series. The winning paddler on handicap in each race will earn 100 points and the points of all other paddlers will reflect their result relative to the winner: a paddler 80% as fast as the winner will earn 80 points. Club and school points will be based on the results of their best six paddlers in each race. This is to avoid unduly favouring larger clubs, and clubs and schools will also earn one point per paddler who participates to encourage attendance.

Age, gender, craft type, distance and para handicap factors are summarized on the following page, along with an example of how the handicap factors work. For more information contact Joe Alia or John Young.



Photo courtesy Dean Jones

Canoeing Victoria 2017 Marathon Handicap Factors

Combined age and gender factors				<p><i>The combined age and gender factors represent the average speed achievable for men and women of various age groups, expressed relative to Open Men, based on a constant race distance. Data are shown for the mid-point in each age category.</i></p> <p><i>The age factor is drawn from men's Marathon World Championship and World Cup data for the 2010,12,13 and 15 years (2011 – Singapore and 2014 – Oklahoma City had limited masters participants).</i></p> <p><i>The gender factor is drawn from U18, U23 and Open World Championship data for 2010,12,13,14 and 15; and from official US road running factors for U12-U16 and V35+ categories (given limited paddling data for these age groups).</i></p> <p><i>For the 2017 race year the factors will be based on the paddler's age in years, rather than the 5 year age category. This will avoid step changes when paddler's move from one age group to the next.</i></p>
Age category	Male / age factor	Gender factor	Female factor	
U12	0.861	0.884	0.761	
U14	0.902	0.888	0.801	
U16	0.935	0.891	0.833	
U18	0.960	0.894	0.858	
U23	0.986	0.897	0.884	
Open	1.000	0.901	0.901	
V35	0.967	0.897	0.867	
V40	0.938	0.891	0.836	
V45	0.908	0.883	0.801	
V50	0.879	0.871	0.766	
V55	0.852	0.858	0.731	
V60	0.825	0.841	0.694	
V65	0.795	0.822	0.653	
V70	0.755	0.800	0.604	
V75	0.700	0.775	0.542	
V80	0.619	0.748	0.463	
Craft factors				<p><i>Craft factors represent the speed achievable in a given craft, expressed relative to an international class K1. International class factors are sourced from Marathon World Championship data; factors for touring kayaks, touring canoes, outrigger canoes and stand-up paddleboards are sourced from Hawkesbury Canoe Classic data. To keep things simple all other single and double craft types (e.g. ocean skis, surf skis, long rec, etc.) are assumed equal to K1 or K2 respectively. Craft factors for specific classes can be introduced if we have meaningful participant numbers in those classes.</i></p>
Craft type		factor		
K1		1.000		
K2		1.069		
C1		0.877		
C2		0.946		
TK1		0.895		
TK2		0.973		
TC1		0.856		
TC2		0.846		
OC1		0.939		
OC2		1.001		
OC6		1.117		
SUP		0.687		
Distance factors				<p><i>The distance factors represent the ratio of the average speed over various race distances to 5 km (to enable comparison with international race records) (n.b. the 2014 and 2015 distance factors were based on 8 km, the base Winter Series race distance). Factors are drawn from world record data for men and women.</i></p>
Distance (km)		factor		
2		1.060		
5		1.000		
8		0.970		
12		0.946		
16		0.929		
20		0.915		
24		0.905		
Para factors				<p><i>Para factors represent the ratio of the average speed for para athletes in K and Va'a classes relative to Open Men's and Open Women's K1 results. The factors are subject to some uncertainty given the limited data available (2015 World Sprint Championships over 200m and 2015 Marathon World Championships) and will be reviewed as required.</i></p>
Distance (km)		K factor	V factor	
KL1 / VL1		0.694	-	
KL2 / VL2		0.769	0.684	
KL3 / VL3		0.793	-	
“-” denotes no data				

Notes:

Para categories:

- KL1: (formerly K1 A) Athletes with no or very limited trunk function and no leg function and typically need a special seat with high backrest in the kayak.
- KL2: (formerly K1 TA) Athletes with partial trunk and leg function, able to sit upright in the kayak but might need a special backrest, limited leg movement during paddling.
- KL3: (formerly K1 LTA) Athletes with trunk function and partial leg function, able to sit with trunk in forward flexed position in the kayak and able to use at least one leg/prosthesis.

At the international level, Non-Paralympic Paracanoe events are the Va'a (outrigger) events. They use the same system of classification. The class titles are: VL1, VL2, VL3.

Example handicap results:

The handicap factor for a V40 female paddler competing in a TK1 over 12 km would be:

- Age (0.938) * Gender (0.891) * Craft (0.895) * Distance (0.946) * Para (1.000) = 0.708
- Handicap time = Race time * handicap factor (0.708) * 5 km/12 km
- If her actual time to complete the 12 km was 1 hr 20 mins, then her handicap time would be:
- Handicap time = 80 min * 0.708 * 5/12 = 23.600 min = 23 min 36 sec.

The handicap factor for an Open male para paddler competing in a KL3 over 8 km would be:

- Age (1.000) * Gender (1.000) * Craft (1.000) * Distance (0.970) * Para (0.793) = 0.796
- Handicap time = Race time * handicap factor (0.796) * 5 km/8 km
- If his actual time to complete the 8 km was 52 mins, then his handicap time would be:
- Handicap time = 52 min * 0.796 * 5/8 = 23.010 min = 23 min 0.6 sec.

Handicap factors for doubles boats reflect the average of the handicap factors for the crew.

World best times

The 10 World Best Times of winners during the official races in finals of the ICF events since 1975 (Olympic Games, World Championships, World Cups, and European Championships, Continental Championships and other canoe sprint events with acceptable high technical level), compiled by the ICF Canoe Sprint Committee as of 21st September 2015 are as follows.

Men – K1 5000 m

1	18.00,040	2009	NOR	LARSEN, Eirik Verås	Poznań (POL)
2	18.09,000	2009	BLR	YURENIA, Aleh	Račice (CZE)
3	18.43,000	2011	POR	PIMENTA, Fernando	Račice (CZE)
4	19.14,043	2015	AUS	WALLACE, Kenny	Duisburg (GER)
5	19.44,059	2013	AUS	WALLACE, Kenny	Duisburg (GER)
6	19.45,700	2014	AUS	WALLACE, Kenny	Račice (CZE)
7	19.46,000	2013	BLR	YURENIA, Aleh	Račice (CZE)
8	19.47,100	2014	GER	HOFF, Max	Brandenburg (GER)
9	19.48,520	2015	AUS	WALLACE, Kenny	Copenhagen (DEN)
10	19.50,998	2013	AUS	WALLACE, Kenny	Poznań (POL)

Source: "WORLD TOP ATHLETES LIST IN CANOE SPRINT 2015", ICF Canoe Sprint, September 2015, p 24.

Canoeing Victoria Marathon Rules and Regulations

M01 Races conducted by the Canoeing Victoria Marathon Committee and affiliated clubs and organisations are open to all canoeists and are conducted under the rules set down by the International Canoe Federation and Australian Canoeing Marathon committees. These rules are to be followed at all times. Any paddler infringing on these rules may be disqualified.

Competitors not members of Australian Canoeing and Victorian Canoeing affiliated clubs must on entry pay an Event License Fee.

M02 Competitors must agree to abide by the rules and the decisions made by the race committee.

M03 To be eligible to compete in the Victorian or Australian Championships paddlers must be “full” adult or junior members of a Canoeing Victoria affiliated club or a club affiliated to Australian Canoeing or the International Canoe Federation, not “recreational” members.

M04 A race jury shall be appointed for all major races or as required.

M05 All paddlers under the age of 18 years must have permission from their parent or guardian to compete.

M06 Age Classifications:

For junior competitors, ages are taken from 1st January in the year of competition.

Sub junior	under 12 years
Junior 14	under 14 years
Junior 16	under 16 years
Junior 18	under 18 years

For Open Competitors, over 18 years

For veteran competitors, the first year a veteran competitor may compete in the relevant age group is the year of his/her birthday matching the youngest age for the category falls. (e.g. A competitor turning 35 in the year of competition may compete in the V35 category.)

Veteran 35	35 years and over
Veteran 40	40 years and over
Veteran 45	45 years and over
Veteran 50	50 years and over
Veteran 55	55 years and over
Veteran 60	60 years and over
Veteran 65	65 years and over

M07 All paddlers may if they wish submit to the first aid officer a completed and confidential medical form prior to entering each race. Due to privacy reasons this information will be destroyed after each race. This confidential medical form will only be available to the Marathon Committee Chairperson, the Secretary, the chief official and the Marathon First Aid Officer. The information supplied will not be used in any way to prevent a paddler from competing but is designed as part of Canoeing Victoria Marathon Committee’s risk management policy.

M08 All winter series entries are to be made online prior to race day. On the day entries are discouraged. (Victorian Championships and Australian Championships require entries to be lodged prior to the event). All paddlers must register in person on the day, and doubles paddlers must register together. Late entries will only be accepted on the discretion of the race committee and may incur a late fee.

M09 All boat numbers will be issued at registration.

M10 Starting orders will be determined at each race by the race organisers and announced at the pre-race briefing which all paddlers must attend.

M11 The 1st race will start as soon as possible after the briefing but not prior to the advertised time.

M12 Any paddler who withdraws from a race must notify the finish line officials on withdrawal.

M13 Life Jackets - Personal Flotation Devices (PFDs):

Regardless of the paddler's swimming ability or the river or water conditions, all paddlers must bring to the race, a PFD that is of a suitable size for them, in good order, and complies with Australian Standards and Victorian laws. All paddlers **MUST** wear an approved PFD in accordance with Victorian Laws. Exemptions may be granted by the appropriate regulatory authorities for events such as National Championships .

M14 Portaging:

Competitors may only portage at points designated and as set out by the race organisers. Portages are required for all racing boats (international classes) in Division 5 or higher or for Under 16, Under 18, Under 23, Open and Veterans classes up to and including Vet 55.

Competitors who do not wish to portage must discuss this with the race committee prior to the race briefing. A time penalty may be applied. Portaging for any other competitors is optional.

M15 State Marathon Team Selection Races (Grand Prix Series) As part of the race calendar each year the Canoeing Victoria Marathon Committee is to select and nominate which races will be used as part of the selection criteria for those paddlers wishing to nominate for selection in the Victorian Team.

Victorian Canoe Marathon: Divisional and Class Racing Systems

Paddlers may race under either the “divisional” or “class” systems at Victorian Marathon Winter Series races. Under the divisional system paddlers compete against others of similar ability (i.e. speed) regardless of age, gender or craft type. Under the class system paddlers compete against others of similar age, gender or craft type (e.g. Vet Mens TK1, Ladies TC1, etc.).

Divisional System

As noted above the aim of the divisional system is to enable paddlers to race others of similar ability and to provide a graduated system to prepare paddlers for national and international competition.

There are 10 divisions within this system, seven of which (Divisions 1 to 7) are performance based and three (Divisions 8 to 10) which are age based for juniors. Race distances, portage requirements and speed ranges for each division are noted below. In prior years a ranking system was used to promote or demote paddlers depending upon race results. The ranking system was suspended in 2015 to enable paddlers to choose the race distance they wish to paddle. N.B. paddlers should not choose the longest distance (Div 1 or 2) unless they meet the minimum speed requirement: it is not reasonable to expect volunteers to remain on station at races for one or two paddlers while all other participants have finished.

Division	Distance (km)	Minimum speed (km/h) / (min/km)	Comment
Div 1	24-25	12.5 / 4:48	Portage
Div 2	24-25	12.0 / 5:00	“
Div 3	20	11.5 / 5:13	“
Div 4	20	11.0 / 5:27	“
Div 5	15-16	10.5 / 5:43	“
Div 6	12	10.0 / 6:00	No portage
Div 7	8	-	“
Div 8 (U16/U18)	8	-	“
Div 9 (U14)	8	-	“
Div 10 (sub-junior)	2-4	-	“

Notes:

1. The minimum speed is over the race distance (i.e. Div 1 needs to average 12.5 km/h or higher over 24-25 km).
2. Portage is only required for international class boats (K1, K2, C1, C2, including masters K boats) in Divisions 1 to 5 for paddlers less than 60 years old. V60+ paddlers may portage if they wish.
3. Division 7 is the beginning division for adult paddlers.
4. Junior paddlers can paddle in higher divisions (Div 7 and above) if they wish.

Class System

As noted above the aim of the class system is to enable paddlers to race others of similar age, gender or craft type. Race distances are usually set by agreement between the paddlers and the Marathon Technical Committee. As an example, classes may be constructed for canoes (TC, C and OC) regardless of age over say 12 km, or separate classes may be constructed for TC and C craft or men’s and women’s depending upon numbers. Similarly, classes may be constructed for Open men’s TK1, Vet men’s TK1, Vet mixed TK2, para/adaptive singles or doubles, SUPs or skis, etc., as demand requires.

Furthermore, by arrangement with the Race Committee, a special race may be held for racing class boats where the paddlers collectively want to paddle a shorter distance than that available under the Divisional system.

Age brackets (age is determined as at 1st January in the year of competition):

- Junior: U14, U16, U18
- Open: 18 –34 years (older paddlers may choose to paddle in the Open class)

- Veterans: 5 year groupings from 35 years upwards, i.e. Vet30, Vet35, Vet40, Vet45, etc
- Gender: Men's, Women's, Mixed
- Race distances:
- Full Distance, $\frac{3}{4}$ Distance, $\frac{1}{2}$ Distance and $\frac{1}{3}$ Distance
 - Full Distance will usually be the same course and distance as defined for Division 1 in the Divisional System
 - Age/Class/Distance allocations are as determined by the Marathon Technical Committee

Note: A constituted class comprises at least 4 boats of the same type.

Sub-junior

For U12 paddlers only.

Race distance will usually be 3km or 4km (as determined by the Race Committee).

Portage Policy

Portage is an integral part of marathon canoe and kayak racing. We recognize, however, that some paddlers are unable to portage for health or injury reasons. This section explains our policy with respect to portage at Canoeing Victoria Canoe Marathon events.

A time adjustment will be applied for those who do not portage who otherwise should have portaged. We understand that this is not a perfect alternative; for example, paddlers not portaging may gain an advantage by dropping paddlers who are portaging from a wash group at portage, which changes the dynamics of the race. In addition, paddlers who are portaging are exposed to increased risks, such as capsize on exit or re-entry, trips and falls or boat damage. However, in the interests of a practical and simple system we believe the time penalty approach provides an appropriate balance.

The time adjustment will include an allowance to compensate for the additional risk borne by paddlers who portage as required. Importantly, the time penalty has been set, based on actual data, to reflect the time difference for veteran paddlers who are unable to portage, not the time difference elite paddlers may take to portage.

1. Portage may be part of the prescribed course at CV marathon events for international class boats (i.e. K1, K2, C1 and C2, etc., including "masters" K boats). Touring boats, sea kayaks, skis, SUPs, outriggers and para-class paddlers do not need to portage at CV events.
2. In age-based racing U12, U14 and V60+ crews do not need to portage. In divisional racing Divisions 6, 7, 8 & 9 do not need to portage.
3. If portage is specified at championship races paddlers in international "selection" classes (i.e. U18, U23 and Open) will need to portage. Paddlers can request assistance at portage for bona fide health reasons consistent with ICF rules. However, not portaging is not an option in these classes. Non-portaging athletes will be recorded as "Did Not Finish" (DNF).
4. Paddlers in V35 to V55 international classes may apply to the Chief Official prior to the race for exemption from portaging due to health issues. We rely on the paddler's integrity to only seek exemption for genuine reasons. The reason does not need to be disclosed unless the paddler wishes to do so.
5. Paddlers granted approval not to portage will be assigned a time adjustment decided by the Chief Official, which will be advised prior to the race. This adjustment will apply for each portage not undertaken. The same time adjustment per portage will apply to all paddlers granted exemption, regardless of age, gender or racing class.
6. The time adjustment (i.e. time added) for a portage of ~100m distance with good exit and re-entry points and clear track in between will typically be 50 seconds per portage. For a portage such as at Geelong Canoe Club, of ~200 m length, the time adjustment will typically be 70 seconds per portage.

Victorian Team Selection Policy

This section explains the policy for selecting paddlers to the Victorian Canoe Marathon Team to represent Victoria at the Australian Canoe Marathon Championships (i.e. “Nationals”).

1. Selection to the Victorian Canoe Marathon Team recognizes both the attainment of a standard of performance and the support of marathon canoeing and kayaking in Victoria.
2. The selection event for the Victorian Canoe Marathon Team is the Victorian Canoe Marathon Championships, which is typically held in February or March, prior to the Australian Canoe Marathon Championships.
3. The two fastest paddlers in each class who meet the qualification criterion are eligible for selection. The reason for the two fastest paddlers aligns with Australian national selection policy of up to two paddlers in each selection event (i.e. U18, U23 and Open) for ICF Marathon World Championships.
4. The qualification criterion requires paddlers to have competed in at least three races over the preceding Summer Race Series and Winter Race Series. The Summer and Winter series encompass a combined total of ten to twelve state-level races.
5. We recognize that many paddlers participate in other forms of canoeing and in club-based or other marathon races. Whilst participation in these events is encouraged it does not count towards the requirement of three state-level marathon races for Victorian team selection.
6. The reason for requiring participation in at least three state-level races is to recognize that the success of the sport of canoe marathon in Victoria rests on strong involvement from the paddling community. The minimum race requirement is to encourage paddlers aspiring to Victorian team selection to continue to support the main races throughout the year. We hope that paddlers seeking selection will participate in more than the minimum number of races.

The policy may also be accessed at <http://vic.canoe.org.au/paddlesports/marathon/> under Resources

State and Club Colours

Club Colours are encouraged to be worn at all races. State or Club Colours should be worn at all Championships.

Students may wear their Schools colours for Club races and Schools Championships but the students should wear Club or State Colours at non-school Championships.

Ballarat Amateur Canoe Club	Red singlet with a white chest band
Barwon Heads Canoe Club	TBA
Bellarine Paddlers Inc	TBA
Bendigo Canoe Club	Long sleeved blue polo with club logo
Cobram-Barooga Canoe Club	White top with gold and maroon bars
Echuca-Moama Canoe Club	Green and white vertical strips
Eltham College Canoe Club	Rash vest, green with gold trim, Eltham down each arm
Essendon Canoe Club	Red singlet with vertical black stripe
Fairfield Canoe Club	Light blue logo on dark blue
Footscray Amateur Canoe Club	Royal blue, white and red
Greater Eastern Canoe & Kayak Organisation	Orange top with gecko emblem and black bottom
Geelong Canoe Club	White top, blue logo
Gippsland Kayak Club	Light blue singlet with a navy band
Ivanhoe-Northcote Canoe Club	White singlet with black logo and black horizontal strips
Mildura Canoe Club	Navy blue, red and white
Mitta Mitta Canoe Club	White top with navy strip trim down length of sleeves
Patterson Lakes Canoe Club	Navy or white top with two vertical strips green, white or navy blue with logo on left breast
Shepparton Canoe Club	White top with club name and paddler symbol on back and left breast
Sherbrook Knox Canoe Club	Bottle green singlet with vertical gold stripe
Tarwin River Canoe Club	Golden yellow single/polo shirt with logo
Warrnambool Kayak Club	Navy blue top, white and bottle green vertical stripes on left hand side
Yarrawonga Mulwala Canoe Club	White shirt with club logo top right hand side

Other Links

Club Points System

<http://vic.canoe.org.au/paddlesports/marathon/> Select Resources

Craft Specifications

<http://vic.canoe.org.au/paddlesports/marathon/> Select Resources

Victorian Team Selection Policy

<http://vic.canoe.org.au/paddlesports/marathon/> Select Resources



Nationals at Coomera on the Gold Coast 2016

Photo courtesy Alex Neilson

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Version 1.3

Any corrections or additions: send to sally.miller@nab.com.au

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