



VIC SHORT COURSE MARATHON CHAMPIONSHIPS

Location

Bendigo Canoe Club, 34-36 Weeroona Ave, Bendigo

Date

Saturday-Sunday, 2-3 July 2022

Registration

Webscorer: <https://www.webscorer.com/register?raceid=269644>

Early bird entries close: 8pm 11 June 2022.

Entries close: 8pm 30 June 2022. NO entries on the day

Fees

PA Members: Adults \$30 / 1-day or \$50 / 2-day

Juniors \$40 / 2-day includes Ready-to-Race Clinics

Schedule (Saturday)

9:30am-12:00pm: Ready-to-Race Clinic 1

11:00am-12:00pm: Race check in

12:00pm: Volunteer briefing

12:30pm: Competitor briefing

1:00pm: Race 1 - Junior singles

2:00pm: Race 2 - U23 / Open singles

3:00pm: Race 3 - Masters & Canoe singles

3:00-5:00pm: Ready-to-Race Clinic 2

Schedule (Sunday)

8:30-9:30am: Ready-to-Race Clinic 3

8:00-9:00am: Race check in

9:00am: Volunteer briefing

9:30am: Competitor briefing

10:00am: Race 4 - Doubles (kayak & canoe)

11:00am: Race 5 - Mixed Doubles & Ready-to-Race Clinic 4 (*Novice & juniors to paddle with experienced paddlers*)

12:30pm: Presentations

Race Format

Format: 3.3 km races (3 short laps of 1.1 km) with 2 portages for designated classes.

Saturday singles: Classes (U10-U23, Open, V35-65+ and Canoes)

Sunday doubles: Divisional (Div 1 to 10 and Canoes)

Bendigo Sporting Festival Welcome

6-7:30pm on Saturday at Bendigo Stadium. Australian female sporting guest speakers & women's 3x3 basketball exhibition games. Bendigo Stadium. Free ticketed event.

Event personnel

Chief Official: tba

Chief Course Umpire: tba

Safety Officer: tba

Competition Manager: Tony Misson

Hosts

Paddle VIC Marathon and Bendigo Canoe Club

Safety

- First Aid provided on site. You may provide information that might assist medical personal in an emergency, which will be destroyed after the event.
- All paddlers must wear an approved PFD/life jacket when on the water.
- All boats must have fixed positive buoyancy and float level when full of water.
- Safety craft will be in operation (no power boats).
- You must provide assistance to paddlers in distress.
- Event held under PV Marathon's Safety Risk Management Plan and the [VIC COVIDSafe settings](#).
- Check Victorian COVID restrictions.
- Be sunsmart & bring additional warm, dry clothing.

Food

Morning tea provided. Fresh water available.

Facilities

Parking, change rooms & showers, toilets available.

Accommodation

Bendigo Visitor Information:

<https://www.bendigoregion.com.au/explore-bendigo>

Dinner

tba

Contact

PV Marathon: John Young, marathon@paddlevic.org.au,
0417 444 350

Bendigo CC: Tony Misson, tmission@iprimus.com.au,
0411 605 239



<https://vic.paddle.org.au/>



Paddle Victoria Marathon



marathon@paddlevic.org.au

>Disciplines >Marathon

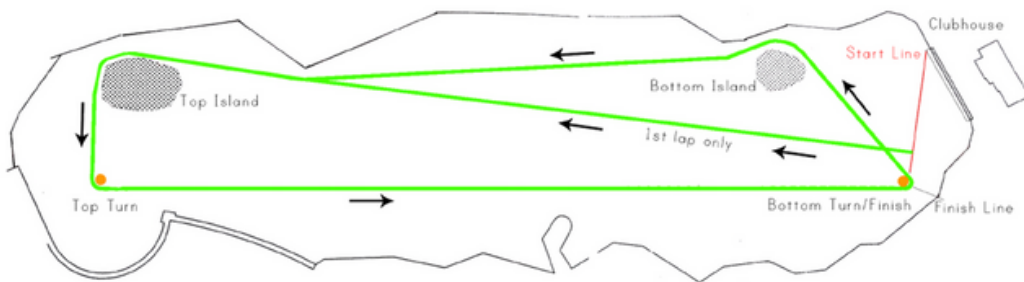


COURSE MAPS

Acknowledgements

We meet on the traditional lands of the Dja Dja Wurrung people, and pay our respects to their Elders past, present & emerging. Thank you to Bendigo Canoe Club for hosting this event and to all officials and volunteers for running the event.

Course Map



Course description

1. All races start in front of the clubhouse on a line from the Finishing Buoy to the western end of the pontoon.
2. On the first lap go directly up the lake, anti-clockwise around the Top Island, around the top turn, and back to the bottom turn. Non-portaging classes will turn around the bottom buoy.
3. ICF portaging classes will portage at the pontoon at the end of the first and second laps. Portage is along the floating pontoon; it will be short: hop out of the boat, run to the end of the pontoon, hop back in.
4. Use common sense at the bottom buoy to avoid cross-overs; if you aren't portaging stick close to the buoy, if you are portaging keep further out to the right of the buoy.
5. For all paddlers on all subsequent laps paddle around the bottom island, around the top island, around the top turn and back to the bottom turn. Keep all buoys on your left.
6. On the last lap, boats will be timed as they pass the finishing buoy.
7. Exit the lake at the pontoon, taking care to keep out of the way of other paddlers still racing.

Portage



Ready-to-Race Paddling Clinics

Join Australian Olympic and World Championship paddlers, Cat McArthur, Mick & Kate Leverett and Reka Abraham, to learn about fast starts, real body rotation, wash packs and doubles paddling. There are 32 places available. The clinics are free for paddlers who register for the VIC Short Course Marathon Championships. While the clinics will be open to anyone, preference will be given to paddlers in the U23 age group and younger. Early bird entries, by 8pm on Saturday 11 June 2022, will receive a Paddle VIC Marathon Ready to Race long sleeved t-shirt and a race cap. Information: http://vic.paddle.org.au/wp-content/uploads/sites/5/2022/05/PVM_Ready_2_Race_Clinics_1-4.pdf

COVID-19

- Do not attend if you have symptoms, are unwell or have been instructed to isolate or quarantine.
- Maintain at least 1.5m physical distance between others at all times.
- Observe face covering, cough etiquette and personal hygiene

Classes (Saturday singles)

Class	Category	Portage
U10/U12	M, W	No
U14	M, W	No
U16/U18	M, W	No
U16/U18 ICF	M, W	Yes
U23/Open ICF	M, W	Yes
V35+ ICF	M, W	Yes
V35+	M, W	No
Canoe	M, W	No

Divisions (Sunday doubles)

Division	Speed / Notes	Portage
Div 1-4	> 11.0 km/hr	Yes
Div 5-7	< 11.0 km/hr	No
Div 8	U16 / U18	No
Div 9	U14	No
Div 10	U10 / U12	No
Canoe	-	No



CITY OF GREATER
BENDIGO