



## VIC CANOE MARATHON CHAMPIONSHIPS

### Location

Geelong Canoe Club, Marnock Rd, Newtown.

### Date

Saturday-Sunday, 2-3 March 2024.

### Registration

Webscorer: <https://www.webscorer.com/register?raceid=334948>

Early bird entries (\$5 discount) by 8pm Thursday 22 February 2024.

Standard entries by 8pm on Thursday 29 February 2024.

Late entries (extra \$20) by 12noon on Friday 1 March 2024. NO entries on the day.

### Entry Fees

Junior/U23: \$35/1 day, \$60/2 days.

Adult (24-64yo): \$45/1 day, \$80/2 days.

Adult (65+): \$40/1 day, \$70/2 days.

Non-PA Members:

Juniors: Additional \$11

Adults: Additional \$22

### Schedule (Saturday - singles)

Check in: 8:30 - 9:00am

Volunteer briefing: 9:00am

Competitor briefing: 9:30am

First start: 10:00am

Presentations: ~ 12:30pm

Event finish: ~ 1:30pm

### Schedule (Sunday - doubles)

Check in: 7:30 - 8:00am sharp

Volunteer briefing: 8:00am

Competitor briefing: 8:30am

First start: 9:00am

Presentations: ~ 11:30am

Event finish: ~ 12:30pm

### Race Format

Format: ICF World Championship laps (~ 4km per long lap, ~1km per short lap)

Categories: U10, U12, U14, U16, U18, U23, Open, V35, V45, V55, V65, V75+

Men, Women, Mixed, Para

ICF K & C, TK, ski, SUP, UC, OC, TC

Some classes may be consolidated depending upon entry numbers.

Distances: 4km - 29km depending on age/gender/craft type

Portage: For U16, U18, U23, Open, V35, V45, V55 ICF craft

No portage for touring, recreational craft or for general class canoes, kayaks or skis. VET paddlers who are unable to portage may request a time penalty in lieu of portaging.

### Contact

PV Marathon: John Young, 0417 444 350, [marathon@paddlevic.org.au](mailto:marathon@paddlevic.org.au)

Geelong Canoe Club: Alex Brunacci, 0425 702 711, [brunacci.civil@live.com.au](mailto:brunacci.civil@live.com.au)

To Volunteer: Arabella Eyre, [arabella.eyre@gmail.com](mailto:arabella.eyre@gmail.com)

### Host

Paddle Victoria Marathon & Geelong Canoe Club

### Acknowledgements

We acknowledge the Traditional Custodians of the land on which we meet, and pay our respects to their Elders past & present.

### Safety

- First Aid provided on site.
- Approved PFD/lifejackets are required.
- All boats must have fixed positive buoyancy and float level when full of water.
- Safety boats will be in operation.
- You must provide assistance to paddlers in distress.
- Event held under PV Marathon's Safety Risk Management Plan.
- Be sunsmart & bring additional warm clothing. Stay hydrated.

### COVID-19

- Do not attend if you have symptoms, are unwell or have been instructed to isolate or quarantine.
- Maintain at least 1.5m physical distance between others.
- Observe face covering, cough etiquette and personal hygiene.

### Food

Food and drinks, including coffee, will be available on site. Fresh water will be available.

### Facilities

Parking, change rooms, showers & toilets available on site. To observe childsafe standards, competitors are requested to not change in the open.

### Rules

ICF: <https://www.canoeicf.com/rules>

PA: <https://paddle.org.au/paddlesports/canoe-marathon/#rules>

### Photography

Images taken may be used by PV and related parties in the promotion of the sport in accordance with [PA's photography policy](#).

### Prizes / Trophies

Medals for 1st, 2nd, 3rd placegetters, as per [PV Marathon Medal Policy](#). Trophy for best performing club.



<https://vic.paddle.org.au/> >Disciplines >Marathon



Paddle Victoria Marathon



[marathon@paddlevic.org.au](mailto:marathon@paddlevic.org.au)



# RACE INFORMATION & COURSE MAPS

## Race Distances & Classes

LONG COURSE DISTANCES		
Long Lap (L) = 4.0 km. Short Lap (S) = 1.0 km. Portage (P)		
CLASS	GENERAL CLASS	ICF CLASS
<b>JUNIOR WOMEN</b>		
K1 W U10, U12	4 km (0L, 4S, 0P)	-
K1 W U14	9 km (2L, 1S, 0P)	-
K1 W U16	9 km (2L, 1S, 0P)	13 km (3L, 1S, 1P)
K1 W U18	9 km (2L, 1S, 0P)	17 km (4L, 1S, 2P)
Canoe W U18	9 km (2L, 1S, 0P)	13 km (3L, 1S, 1P)
<b>SENIOR WOMEN</b>		
K1 W U23	13 km (3L, 1S, 0P)	21 km (5L, 1S, 3P)
K1 W Open	13 km (3L, 1S, 0P)	25 km (6L, 1S, 4P)
Canoe W U23	-	13 km (3L, 1S, 1P)
Canoe W Open	9 km (2L, 1S, 0P)	13 km (3L, 1S, 1P)
SUP W Open	-	13 km (3L, 1S, 0P)
Para W Open L1	-	9 km (2L, 1S, 0P)
Para W Open L2/L3	9 km (2L, 1S, 0P)	9 km (2L, 1S, 0P)
<b>MASTERS WOMEN</b>		
K1 W V35-44, V45-54, V55-64	13 km (3L, 1S, 0P)	17 km (4L, 1S, 2P)
K1 W V65-74, V75+	9 km (2L, 1S, 0P)	13 km (3L, 1S, 0P)
Canoe W V35+	9 km (2L, 1S, 0P)	13 km (3L, 1S, 1P)
SUP W V35+	-	13 km (3L, 1S, 0P)

LONG COURSE DISTANCES		
Long Lap (L) = 4.0 km. Short Lap (S) = 1.0 km. Portage (P)		
CLASS	GENERAL CLASS	ICF CLASS
<b>JUNIOR MEN</b>		
K1 M U10, U12	4 km (0L, 4S, 0P)	-
K1 M U14	9 km (2L, 1S, 0P)	-
K1 M U16	9 km (2L, 1S, 0P)	13 km (3L, 1S, 1P)
K1 M U18	9 km (2L, 1S, 0P)	21 km (5L, 1S, 3P)
Canoe M U18	9 km (2L, 1S, 0P)	17 km (4L, 1S, 2P)
<b>SENIOR MEN</b>		
K1 M U23	17 km (4L, 1S, 0P)	25 km (6L, 1S, 4P)
K1 M Open	17 km (4L, 1S, 0P)	29 km (7L, 1S, 5P)
Canoe M U23	-	21 km (5L, 1S, 3P)
Canoe M Open	9 km (2L, 1S, 0P)	25 km (6L, 1S, 4P)
SUP M Open	-	13 km (3L, 1S, 0P)
Para M Open L1	-	9 km (2L, 1S, 0P)
Para M Open L2/L3	9 km (2L, 1S, 0P)	13 km (3L, 1S, 0P)
<b>MASTERS MEN</b>		
K1 M V35-44, V45-54, V55-64	17 km (4L, 1S, 0P)	21 km (5L, 1S, 3P)
K1 M V65-74, V75+	13 km (3L, 1S, 0P)	17 km (4L, 1S, 0P)
Canoe M V35+	13 km (3L, 1S, 0P)	13 km (3L, 1S, 1P)
SUP M V35+	-	13 km (3L, 1S, 0P)

- NOTES**
- 1) W=Women's, M=Men's, X=Mixed.
  - 2) L=Long lap (4km), S=Short Lap (1 km), P=Portage (0P=no portage, 1P=one portage etc.).
  - 3) ICF classes: C=ICF Canoe, K=ICF Kayak, Para (VL, KL).
  - 4) General classes are open to all boat types: C=Canoe (C, TC, UC, OC, Va'a), K=Kayak (K, TK, Ski), Para, SUP. Where UC=unrestricted canoe and OC = outrigger.
  - 5) Same distances for singles and doubles. Mixed crews generally paddle the same distance as women's crews.
  - 6) No portage for General classes (even if paddling ICF K or C craft). No portage for Para or SUP class. No portage for V65+.
  - 7) 10-year age groups for Masters/Vet, unless sufficient numbers to constitute both 5-year sub-groups (i.e. 3 or more paddlers).
  - 8) Separate classes for TC and C/UC assuming sufficient numbers for contested classes for both.

## Course

The Course consists of multiple long laps (4 km each) followed by one short lap (1 km), with portage for ICF craft in designated classes.

The start/finish line is directly in front of the Geelong Canoe Club. The start is in the upstream direction and is an imaginary line between the pole in front of the Officials marquee and the post on the opposite (southern) bank. The finish is also in the upstream direction. Paddlers must only pass through the finish line buoys when finishing their race.

Paddlers must keep the coloured buoys along the course to their left. Both long lap turns (Turn 1 and Turn 2) will be marked by red buoys. The short lap turn (Turn 3) is located before the bridge and will be marked by a yellow buoy.

Upon finishing, paddlers should remain in the holding area near the bank of the river, upstream from the finish line. Once there is no race traffic, paddlers will be marshalled to the landing area (downstream of portage) to disembark and proceed to scrutineering, if required.

## Portage

Portage entry and exit are via a fixed landing, with a 200m run on an undulating grass surface. Portage is for ICF craft in designated classes. General, para, SUP & V65+ classes do not portage. There is no portage on the first two laps. The paddlers' first portage will be at the end of their 3rd lap (start of the 4th lap) and subsequent laps. After the final portage paddlers will complete a short lap (<1 km).

Distance	Laps	Portage						
		Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
29 km	7 long, 1 short			Portage	Portage	Portage	Portage	Portage
25 km	6 long, 1 short			Portage	Portage	Portage	Portage	
21 km	5 long, 1 short			Portage	Portage	Portage		
17 km	4 long, 1 short			Portage	Portage			
13 km	3 long, 1 short			Portage				
9 km	2 long, 1 short							
4 km	4 short							

